

# La Salle Lancers Cross Country Annual 2016

## 2010 OHSAA Southwest Ohio Regional Cross Country Championships Troy, Ohio, October 30, 2010 Division I Regional Champions Cincinnati La Salle Lancers



Standing from left to right: Assistant Coach Andy Kramer, Head Coach Frank Russo, Eric Southwood, Marc Nie, Matt Schroeck,, Matt Nie, Drew Michel, Kevin Kluesener, Alex Thiery, Ethan Bokeno, Travis Hawes, Assistant Coach Joe Muenchen.

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# CROSS COUNTRY TEAM RECORDS

Year	Coach	Team Record				Team Finishes				
		Wins	Losses	Ties	GCL	City	District	Regional	State	
1963	Bill Cady	?	?	?	6 <sup>th</sup>	--	?	--	-	
1964	George Dirr	?	?	?	?	--	?	--	--	
1965	Othmar Morman	?	?	?	2 <sup>nd</sup>	--	?	--	--	
1966	Bro. Nathan Robinson	?	?	?	5 <sup>th</sup>	--	?	--	--	
1967	Ken Swinson	?	?	?	DNF	--	8 <sup>th</sup>	--	--	
1968	David Fairchild	?	?	?	5 <sup>th</sup>	--	7 <sup>th</sup>	--	--	
1969	Richard Meyer	?	?	?	4 <sup>th</sup>	--	5 <sup>th</sup>	--	--	
1970	Richard Meyer	?	?	?	4 <sup>th</sup>	--	4 <sup>th</sup>	--	--	
1971	Jerry Green	?	?	?	5 <sup>th</sup>	--	10 <sup>th</sup>	--	--	
1972	Jerry Green	?	?	?	5 <sup>th</sup>	--	13 <sup>th</sup>	--	--	
1973	Bro. David Wissel	?	?	?	5 <sup>th</sup>	--	12 <sup>th</sup>	--	--	
1974	Ferd Flick	?	?	?	6 <sup>th</sup>	--	15 <sup>th</sup>	--	--	
1975	George Dirr	?	?	?	5 <sup>th</sup>	--	7 <sup>th</sup>	--	--	
1976	George Dirr	?	?	?	5 <sup>th</sup>	--	7 <sup>th</sup>	--	--	
1977	John Rush	?	?	?	3 <sup>rd</sup>	--	5 <sup>th</sup>	--	--	
1978	Tim Lynch	?	?	?	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	9 <sup>th</sup>	--	
1979	Mike Page	?	?	?	5 <sup>th</sup>	--	7 <sup>th</sup>	--	--	
1980	Mike Page	?	?	?	6 <sup>th</sup>	--	11 <sup>th</sup>	--	--	
1981	Jamie Redden	?	?	?	5 <sup>th</sup>	--	7 <sup>th</sup>	--	--	
1982	Jamie Redden	?	?	?	4 <sup>th</sup>	--	9 <sup>th</sup>	--	--	
1983	Frank Russo	11	45	1	5 <sup>th</sup>	--	11 <sup>th</sup>	--	--	
1984	Frank Russo	60	22	0	3 <sup>rd</sup>	10 <sup>th</sup>	9 <sup>th</sup>	--	--	
1985	Frank Russo	115	34	0	3 <sup>rd</sup>	7 <sup>th</sup>	10 <sup>th</sup>	--	--	
1986	Frank Russo	154	23	0	3 <sup>rd</sup>	4 <sup>th</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	
1987	Frank Russo	112	18	0	3 <sup>rd</sup>	5 <sup>th</sup>	4 <sup>th</sup>	5 <sup>th</sup>	--	
1988	Frank Russo	93	19	0	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	7 <sup>th</sup>	--	
1989	Frank Russo	104	29	0	3 <sup>rd</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>	8 <sup>th</sup>	
1990	Frank Russo	128	18	0	3 <sup>rd</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	8 <sup>th</sup>	
1991	Frank Russo	115	13	0	3 <sup>rd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	<b>FIRST</b>	7 <sup>th</sup>	
1992	Frank Russo	122	3	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	4 <sup>th</sup>	
1993	Frank Russo	132	9	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2 <sup>nd</sup>	7 <sup>th</sup>	
1994	Frank Russo	98	12	0	2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	6 <sup>th</sup>	--	
1995	Frank Russo	106	15	0	3 <sup>rd</sup>	4 <sup>th</sup>	2 <sup>nd</sup>	7 <sup>th</sup>	--	
1996	Frank Russo	110	9	0	2 <sup>nd</sup>	2 <sup>nd</sup>	<b>FIRST</b>	4 <sup>th</sup>	5 <sup>th</sup>	
1997	Frank Russo	110	17	0	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	10 <sup>th</sup>	
1998	Frank Russo	81	16	0	3 <sup>rd</sup>	4 <sup>th</sup>	2 <sup>nd</sup>	6 <sup>th</sup>	--	
1999	Frank Russo	129	5	0	<b>FIRST</b>	<b>FIRST</b>	2 <sup>nd</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	
2000	Frank Russo	124	5	0	2 <sup>nd</sup>	2 <sup>nd</sup>	<b>FIRST</b>	2 <sup>nd</sup>	2 <sup>nd</sup>	
2001	Frank Russo	156	3	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2 <sup>nd</sup>	
2002	Frank Russo	135	17	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	2 <sup>nd</sup>	
2003	Frank Russo	141	27	0	2 <sup>nd</sup>	4 <sup>th</sup>	2 <sup>nd</sup>	4 <sup>th</sup>	6 <sup>th</sup>	
2004	Frank Russo	140	10	0	2 <sup>nd</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	
2005	Frank Russo	201	7	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	
2006	Frank Russo	162	7	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	
2007	Frank Russo	115	86	0	3 <sup>rd</sup>	8 <sup>th</sup>	3 <sup>rd</sup>	11 <sup>th</sup>	--	
2008	Frank Russo	138	29	0	<b>FIRST</b>	<b>FIRST</b>	<b>FIRST</b>	3 <sup>rd</sup>	15 <sup>th</sup>	
2009	Frank Russo	133	53	0	3 <sup>rd</sup>	5 <sup>th</sup>	3 <sup>rd</sup>	3 <sup>rd</sup>	16 <sup>th</sup>	
2010	Frank Russo	189	17	0	2 <sup>nd</sup>	2 <sup>nd</sup>	<b>FIRST</b>	<b>FIRST</b>	12 <sup>th</sup>	
2011	Frank Russo	115	42	0	2 <sup>nd</sup>	7 <sup>th</sup>	4 <sup>th</sup>	9 <sup>th</sup>	--	
2012	Frank Russo	83	52	0	4 <sup>th</sup>	--	6 <sup>th</sup>	--	--	
2013	Frank Russo	113	42	0	3 <sup>rd</sup>	--	6 <sup>th</sup>	--	--	
2014	Frank Russo	131	14	0	2 <sup>nd</sup>	6 <sup>th</sup>	3 <sup>rd</sup>	6 <sup>th</sup>	--	
2015	Frank Russo	148	8	0	2 <sup>nd</sup>	3 <sup>rd</sup>	2 <sup>nd</sup>	6 <sup>th</sup>	--	

## COACHING RECORDS

<u>Coach</u>	<u>Years</u>	<u>Wins</u>	<u>Losses</u>
Frank Russo	1983-2015	4006	686

## TEAM CHAMPIONSHIPS

<u>GCL</u>	<u>CITY</u>	<u>DISTRICT</u>	<u>REGIONAL</u>	<u>STATE</u>
1992	1992	1992	1991	2005
1993	1993	1993	1992	2006
1999	1999	1996	2001	
2001	2001	2000	2002	
2002	2002	2001	2005	
2005	2005	2002	2006	
2006	2006	2005	2010	
2008	2008	2006		
		2008		
		2010		

## INVITATIONAL CHAMPIONSHIPS

All Ohio Catholic Inv.	1996, 1997, 2004, 2006
Anderson Invitational	1988
Anna Rocket Inv.	2014, 2015
Blanchester Inv.	2003, 2004, 2005
Brookville Invitational	1992
Carmel Classic	2000
Cedarville College Inv.	2011
Celina Rotary Inv.	2002
Central Ohio Inv.	1999, 2001, 2003, 2004
Colerain Invitational	1985, 1990, 1991, 1992, 1993, 1994, 1995
Disney Classic	1999, 2000
FinishTiming.com Inv.	2006, 2008, 2009, 2015
Great Race of Great Bay	2001
Greenville Invitational	1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2008, 2009, 2010, 2011, 2013, 2015
Fairmont Firebird Inv.	1996, 1997, 2000, 2014
Lakota Fall Classic	1996
Lancaster Invitational	1995
Lexington Catholic Inv.	1989, 1992, 1993, 1994
Louisville Trinity Inv.	2005, 2006
Malone College Inv.	1990, 1991, 1992
Meadowdale Invitational	1988, 1989, 1990
Miami U. Invitational	1995, 1996, 1997, 1998
Midwest Catholic Inv.	2010, 2015
Midwest Meet Champions	2010
Moeller Primetime	2011
Newark Invitational	1993, 1994
Northwest Invitational	1986, 1987, 1988
Roger Bacon Invitational	1991
Spartan Inv. Green	2015
Springboro Inv.	2008
Pickerington Tiger Inv.	1999
Trotwood Invitational	1992, 1993, 1994, 1996, 1997, 1999
Troy Invitational	2014, 2015
Les Eisenhart (Worthington)	1990, 1992, 1993, 1994, 1995, 1996, 1999, 2001, 2003, 2004, 2010, 2011

# VARSITY TEAM PLACES

## All Ohio Catholic Invitational

1995	2 <sup>nd</sup>	55
1996	1 <sup>st</sup>	31
1997	1 <sup>st</sup>	42
1998	2 <sup>nd</sup>	45
2004	1 <sup>st</sup>	48
2006	1 <sup>st</sup>	53
2007	5 <sup>th</sup>	106
2008	3 <sup>rd</sup>	114
2009	8 <sup>th</sup>	235

## Anderson Invitational

1987 (9/11)	2 <sup>nd</sup>	43
1987 (10/2)	2 <sup>nd</sup>	53
1988	1 <sup>st</sup>	41

## Anna Rocket Invitational

2014	1 <sup>st</sup>	53
2015	1 <sup>st</sup>	39

## Archdiocesan Invitational

1985	3 <sup>rd</sup>	66
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## Blanchester Invitational

2003	1 <sup>st</sup>	15
2004	1 <sup>st</sup>	33
2005	1 <sup>st</sup>	21

## Brookville Invitational

1992	1 <sup>st</sup>	52
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## Carmel Classic

Year	Place	Times
2000	1 <sup>st</sup>	1:25.24
2005	3 <sup>rd</sup>	1:26.24 (52)

## Cedarville College Invitational

2011	1 <sup>st</sup>	37
2012	4 <sup>th</sup>	102
2013	2 <sup>nd</sup>	47
2014	2 <sup>nd</sup>	58

## Central Ohio Invitational

1999	1 <sup>st</sup>	38
2001	1 <sup>st</sup>	26
2002	2 <sup>nd</sup>	50
2003	1 <sup>st</sup>	37
2004	1 <sup>st</sup>	37

## Celina Rotary Invitational

2002	1 <sup>st</sup>	22
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## Covington Catholic Invitational

1988	4 <sup>th</sup>	124
1990	3 <sup>rd</sup>	83
1991	4 <sup>th</sup>	121

## Elder Fr. Rudy Invitational

1989	3 <sup>rd</sup>	94
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## Disney Classic

1999	1 <sup>st</sup>	57
2000	1 <sup>st</sup>	34

## Finish Timing Invitational

2006	1 <sup>st</sup>	15
2007	2 <sup>nd</sup>	44
2008	1 <sup>st</sup>	23
2009	1 <sup>st</sup>	29
2010	2 <sup>nd</sup>	48
2012	5 <sup>th</sup>	131
2013	2 <sup>nd</sup>	72
2014	2 <sup>nd</sup>	81

## Colerain Invitational

1984	2 <sup>nd</sup>	?
1985	1 <sup>st</sup>	46
1988	2 <sup>nd</sup>	57
1989	2 <sup>nd</sup>	49
1990	1 <sup>st</sup>	39
1991	1 <sup>st</sup>	?
1992	1 <sup>st</sup>	20
1993	1 <sup>st</sup>	25
1994	1 <sup>st</sup>	28
1995	1 <sup>st</sup>	25

## Fairmont Firebird Invitational

1996	1 <sup>st</sup>	61
1997	1 <sup>st</sup>	48
2000	1 <sup>st</sup>	46
2001	2 <sup>nd</sup>	59
2007	5 <sup>th</sup>	221
2012	6 <sup>th</sup>	176
2013	7 <sup>th</sup>	164
2014	1 <sup>st</sup>	70
2015	2 <sup>nd</sup>	62

## Greater Dayton (Meadowdale) Classic

1985	4 <sup>th</sup>	215
1986	4 <sup>th</sup>	147
1988	1 <sup>st</sup>	66
1989	1 <sup>st</sup>	27
1990	1 <sup>st</sup>	18

## Great American Festival (NC)

Year	Pace	Points	Race
2001	2 <sup>nd</sup>	183	ROC
2002	9 <sup>th</sup>	280	ROC
2003	12 <sup>th</sup>	323	ROC
2004	2 <sup>nd</sup>	133	SI
2005	4 <sup>th</sup>	196	ROC

ROC (Race of Champions)

SI (Seeded Invitational.)

# VARSITY TEAM PLACES

## Mel Brodt Invitational

2014 4<sup>th</sup> 84

## Midwest Catholic Invitational

2010 1<sup>st</sup> 49

2012 12<sup>th</sup> 297

2015 1<sup>st</sup> 42

## Eastmoor Invitational

1998 3<sup>rd</sup> 87

## Franklin County Invitational (KY)

2005 2<sup>nd</sup> 64

## Great Race of Great Bay (CA)

2001 1<sup>st</sup> 40

## Greenville Invitational

1997 2<sup>nd</sup> 45

1998 1<sup>st</sup> 72

1999 1<sup>st</sup> 25

2000 1<sup>st</sup> 26

2001 1<sup>st</sup> 24

2002 1<sup>st</sup> 30

2003 1<sup>st</sup> 36

2004 1<sup>st</sup> 43

2005 1<sup>st</sup> 64

2006 1<sup>st</sup> 51

2007 4<sup>th</sup> 137

2008 1<sup>st</sup> 69

2009 1<sup>st</sup> 47

2010 1<sup>st</sup> 25

2011 1<sup>st</sup> 45

2012 3<sup>rd</sup> 143

2013 1<sup>st</sup> 70

2015 1<sup>st</sup> 25

## Heritage Days (Trotwood) Invitational

1992 1<sup>st</sup> 24

1993 1<sup>st</sup> 31

1994 1<sup>st</sup> 34

1996 1<sup>st</sup> 29

1997 1<sup>st</sup> 49

1999 1<sup>st</sup> 25

## Lexington Catholic Invitational

1985 6<sup>th</sup> 232

1986 3<sup>rd</sup> 90

1987 2<sup>nd</sup> 98

1988 4<sup>th</sup> ?

1989 1<sup>st</sup> 76

1990 3<sup>rd</sup> 117

1991 2<sup>nd</sup> 70

1992 1<sup>st</sup> 36

1993 1<sup>st</sup> 46

1994 1<sup>st</sup> 33

1998 2<sup>nd</sup> 57

## Mason Invitational

2009 2<sup>nd</sup> 83

2010 4<sup>th</sup> 88

2011 4<sup>th</sup> 138

2012 12<sup>th</sup> 317

2013 11<sup>th</sup> 314

## Louisville Trinity Invitational

1991 2<sup>nd</sup> 70

2005 1<sup>st</sup> 56

2006 1<sup>st</sup> 49

2007 8<sup>th</sup> 245

2010 2<sup>nd</sup> 166

2011 9<sup>th</sup> 317

## Midwest Catholic Invitational

2010 1<sup>st</sup> 49

2012 12<sup>th</sup> 297

2015 1<sup>st</sup> 42

## Lakota Fall Classic

1983 9<sup>th</sup> 227

1986 2<sup>nd</sup> 97

1987 4<sup>th</sup> 107

1996 1<sup>st</sup> 38

## Lancaster Invitational

1995 1<sup>st</sup> 94

## Malone College Invitational

1984 6<sup>th</sup> 215

1985 9<sup>th</sup> 324

1986 8<sup>th</sup> 218

1987 4<sup>th</sup> 166

1988 8<sup>th</sup> 247

1989 11<sup>th</sup> 284

1990 1<sup>st</sup> 53

1991 1<sup>st</sup> 64

1992 1<sup>st</sup> 25

1993 3<sup>rd</sup> 99

1994 6<sup>th</sup> 223

1995 6<sup>th</sup> 221

## Miami University Invitational

1995 1<sup>st</sup> 32

1996 1<sup>st</sup> 44

1997 1<sup>st</sup> 45

1998 1<sup>st</sup> 38

# VARSITY TEAM PLACES

## Michigan State Spartan Invitational

2000	2 <sup>nd</sup>	75
2002	3 <sup>rd</sup>	102
2003	3 <sup>rd</sup>	116
2008	4 <sup>th</sup>	174
2009	6 <sup>th</sup>	209
2013	6 <sup>th</sup>	299
2014	7 <sup>th</sup>	267
2015	1 <sup>st</sup>	117

## Midwest Meet of Champions

2002	6 <sup>th</sup>	157
2003	5 <sup>th</sup>	182
2004	5 <sup>th</sup>	122
2006	2 <sup>nd</sup>	79
2007	11 <sup>th</sup>	220
2008	8 <sup>th</sup>	172
2009	14 <sup>th</sup>	377
2010	1 <sup>st</sup>	107
2011	17 <sup>th</sup>	343

## Moeller Primetimes Invitational

2011	1 <sup>st</sup>	37
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## Mt. Healthy Owl Classic

1984	2 <sup>nd</sup>	?
1985	4 <sup>th</sup>	98
1986	3 <sup>rd</sup>	66

## Newark Invitational

1993	1 <sup>st</sup>	50
1994	1 <sup>st</sup>	66

## Nike Team Nationals

2006	15 <sup>th</sup>	326
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## Nike Midwest Regional

2007	23 <sup>rd</sup>	593
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## Northwest Tom Thomas Invitational

1983	6 <sup>th</sup>	139
1984	2 <sup>nd</sup>	101
1985	3 <sup>rd</sup>	131
1986	1 <sup>st</sup>	47
1987	1 <sup>st</sup>	36
1988	1 <sup>st</sup>	31

## Oak Hills Invitational

1983	2 <sup>nd</sup>	82
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## Otterbien College Invitational

2011	4 <sup>th</sup>	85
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## Pickerington Tiger Invitational

1998	5 <sup>th</sup>	139
1999	1 <sup>st</sup>	38

## Princeton Invitational

1983	9 <sup>th</sup>	244
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## Roger Bacon - Greenhills Invitational

1983	6 <sup>th</sup>	134
1984	4 <sup>th</sup>	71
1991	1 <sup>st</sup>	34

## Stanford Univ. Invitational

2006	6 <sup>th</sup>	190
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## Springboro Invitational

2008	1 <sup>sr</sup>	18
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## Three Rivers Invitational

1984	3 <sup>rd</sup>	72
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## Troy Invitational

2014	1 <sup>st</sup>	33
2015	1 <sup>st</sup>	28

## Worthington Les Eisenhart Invitational

1990	1 <sup>st</sup>	37
1991	2 <sup>nd</sup>	?
1992	1 <sup>st</sup>	28
1993	1 <sup>st</sup>	33
1994	1 <sup>st</sup>	59
1995	1 <sup>st</sup>	61
1996	1 <sup>st</sup>	49
1997	4 <sup>th</sup>	94
1998	2 <sup>nd</sup>	95
1999	1 <sup>st</sup>	46
2001	1 <sup>st</sup>	30
2003	1 <sup>st</sup>	54
2004	1 <sup>st</sup>	52
2005	2 <sup>nd</sup>	78
2006	2 <sup>nd</sup>	52
2007	4 <sup>th</sup>	168
2008	2 <sup>nd</sup>	106
2009	7 <sup>th</sup>	216
2010	1 <sup>st</sup>	56
2011	1 <sup>st</sup>	102
2012	9 <sup>th</sup>	228
2013	13 <sup>th</sup>	284

# VARSITY TEAM PLACES

## GCL CHAMPIONSHIPS

1963	6 <sup>th</sup>	471
1964	?	?
1965	2 <sup>nd</sup>	58
1966	5 <sup>th</sup>	107
1967	DNF	---
1968	6 <sup>th</sup>	165
1969	4 <sup>th</sup>	101
1970	4 <sup>th</sup>	99
1971	5 <sup>th</sup>	114
1972	5 <sup>th</sup>	116
1973	5 <sup>th</sup>	136
1974	6 <sup>th</sup>	162
1975	5 <sup>th</sup>	104
1976	5 <sup>th</sup>	116
1977	3 <sup>rd</sup>	71
1978	2 <sup>nd</sup>	56
1979	5 <sup>th</sup>	110
1980	DNF	---
1981	5 <sup>th</sup>	105
1982	4 <sup>th</sup>	101
1983	5 <sup>th</sup>	143
1984	3 <sup>rd</sup>	95
1985	4 <sup>th</sup>	77
1986	3 <sup>rd</sup>	60
1987	3 <sup>rd</sup>	84
1988	2 <sup>nd</sup>	59
1989	3 <sup>rd</sup>	62
1990	3 <sup>rd</sup>	68
1991	3 <sup>rd</sup>	64
1992	1 <sup>st</sup>	28
1993	1 <sup>st</sup>	23
1994	2 <sup>nd</sup>	46
1995	3 <sup>rd</sup>	68
1996	2 <sup>nd</sup>	41
1997	2 <sup>nd</sup>	47
1998	3 <sup>rd</sup>	54
1999	1 <sup>st</sup>	36
2000	2 <sup>nd</sup>	43
2001	1 <sup>st</sup>	23
2002	1 <sup>st</sup>	33
2003	2 <sup>nd</sup>	48
2004	2 <sup>nd</sup>	51
2005	1 <sup>st</sup>	20
2006	1 <sup>st</sup>	24
2007	3 <sup>rd</sup>	76
2008	1 <sup>st</sup>	39
2009	3 <sup>rd</sup>	73
2010	2 <sup>nd</sup>	39
2011	2 <sup>nd</sup>	49
2012	4 <sup>th</sup>	95
2013	3 <sup>rd</sup>	92
2014	2 <sup>nd</sup>	51
2015	2 <sup>nd</sup>	31

## DISTRICT CHAMPIONSHIPS

1963	?	?
1964	?	?
1965	?	?
1966	?	?
1967	8 <sup>th</sup>	229
1968	7 <sup>th</sup>	?
1969	5 <sup>th</sup>	?
1970	4 <sup>th</sup>	136
1971	10 <sup>th</sup>	275
1972	13 <sup>th</sup>	330
1973	12 <sup>th</sup>	332
1974	15 <sup>th</sup>	354
1975	7 <sup>th</sup>	212
1976	7 <sup>th</sup>	205
1977	5 <sup>th</sup>	178
1978	2 <sup>nd</sup>	77
1979	7 <sup>th</sup>	181
1980	11 <sup>th</sup>	300
1981	7 <sup>th</sup>	195
1982	9 <sup>th</sup>	234
1983	11 <sup>th</sup>	298
1984	9 <sup>th</sup>	204
1985	10 <sup>th</sup>	273
1986	3 <sup>rd</sup>	110
1987	4 <sup>th</sup>	86
1988	2 <sup>nd</sup>	100
1989	3 <sup>rd</sup>	64
1990	3 <sup>rd</sup>	63
1991	2 <sup>nd</sup>	38
1992	1 <sup>st</sup>	33
1993	1 <sup>st</sup>	29
1994	2 <sup>nd</sup>	50
1995	2 <sup>nd</sup>	71
1996	1 <sup>st</sup>	48
1997	2 <sup>nd</sup>	80
1998	2 <sup>nd</sup>	55
1999	2 <sup>nd</sup>	46
2000	1 <sup>st</sup>	35
2001	1 <sup>st</sup>	25
2002	1 <sup>st</sup>	31
2003	2 <sup>nd</sup>	58
2004	3 <sup>rd</sup>	96
2005	1 <sup>st</sup>	36
2006	1 <sup>st</sup>	25
2007	3 <sup>rd</sup>	82
2008	1 <sup>st</sup>	48
2009	3 <sup>rd</sup>	70
2010	1 <sup>st</sup>	33
2011	4 <sup>th</sup>	94
2012	6 <sup>th</sup>	170
2013	6 <sup>th</sup>	138
2014	3 <sup>rd</sup>	118
2015	2 <sup>nd</sup>	54



# VARSITY TEAM PLACES

## REGIONAL CHAMPIONSHIPS

1963	--	--
1964	--	--
1965	--	--
1966	--	--
1967	--	--
1968	--	--
1969	--	--
1970	--	--
1971	--	--
1972	--	--
1973	--	--
1974	--	--
1975	--	--
1976	--	--
1977	--	--
1978	9 <sup>th</sup>	227
1979	--	--
1980	--	--
1981	--	--
1982	--	--
1983	--	--
1984	--	--
1985	--	--
1986	3 <sup>rd</sup>	108
1987	5 <sup>th</sup>	176
1988	7 <sup>th</sup>	221
1989	3 <sup>rd</sup>	108
1990	4 <sup>th</sup>	119
1991	1 <sup>st</sup>	95
1992	1 <sup>st</sup>	61
1993	2 <sup>nd</sup>	79
1994	6 <sup>th</sup>	178
1995	7 <sup>th</sup>	195
1996	4 <sup>th</sup>	121
1997	4 <sup>th</sup>	156
1998	5 <sup>th</sup>	146
1999	2 <sup>nd</sup>	87
2000	2 <sup>nd</sup>	62
2001	1 <sup>st</sup>	51
2002	1 <sup>st</sup>	75
2003	4 <sup>th</sup>	114
2004	2 <sup>nd</sup>	96
2005	1 <sup>st</sup>	65
2006	1 <sup>st</sup>	44
2007	11 <sup>th</sup>	235
2008	3 <sup>rd</sup>	109
2009	3 <sup>rd</sup>	116
2010	1 <sup>st</sup>	56
2011	9 <sup>th</sup>	212
2012	--	--
2013	--	--
2014	6 <sup>th</sup>	190
2015	6 <sup>th</sup>	190

## STATE CHAMPIONSHIPS

1963	--	--
1964	--	--
1965	--	--
1966	--	--
1967	--	--
1968	--	--
1969	--	--
1970	--	--
1971	--	--
1972	--	--
1973	--	--
1974	--	--
1975	--	--
1976	--	--
1977	--	--
1978	--	--
1979	--	--
1980	--	--
1981	--	--
1982	--	--
1983	--	--
1984	--	--
1985	--	--
1986	2 <sup>nd</sup>	144
1987	--	--
1988	--	--
1989	8 <sup>th</sup>	237
1990	8 <sup>th</sup>	217
1991	7 <sup>th</sup>	204
1992	4 <sup>th</sup>	136
1993	7 <sup>th</sup>	179
1994	--	--
1995	--	--
1996	5 <sup>th</sup>	187
1997	10 <sup>th</sup>	230
1998	--	--
1999	4 <sup>th</sup>	152
2000	2 <sup>nd</sup>	99
2001	2 <sup>nd</sup>	78
2002	2 <sup>nd</sup>	104
2003	6 <sup>th</sup>	161
2004	2 <sup>nd</sup>	144
2005	FIRST	74
2006	FIRST	78
2007	--	--
2008	15 <sup>th</sup>	300
2009	16 <sup>th</sup>	348
2010	12 <sup>th</sup>	252
2011	--	--
2012	--	--
2013	--	--
2014	--	--
2015	--	--

# CROSS COUNTRY PARADE OF CHAMPIONS

## GCL INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1979	Eric Huey	2.5 Miles	12:52
1986	Dan Fulmer	5,000 Meters	15:27
1991	Doug Bockenstette	5,000 Meters	15:58
1992	Doug Bockenstette	5,000 Meters	15:15
1993	Doug Bockenstette	5,000 Meters	15:38
1994	Dean Fulmer	5,000 Meters	15:14
1996	Jay Hummel	5,000 Meters	15:44
1997	Derrick Butler	5,000 Meters	15:23
1998	Steve Padgett	5,000 Meters	15:16
1999	Steve Padgett	5,000 Meters	15:17
2000	Allen Bader	5,000 Meters	15:24
2001	Allen Bader	5,000 Meters	15:09
2002	Eric Mayhaus	5,000 Meters	15:20
2006	Kyle Lang	5,000 Meters	15:20
2008	Travis Hawes	5,000 Meters	16:06
2015	Brad Anneken	5,000 Meters	16:01.5

## DISTRICT INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1970	Mike Martin	2.0 Miles	10:00.4
1979	Eric Huey	2.5 Miles	12:42
1986	Dan Fulmer	5,000 Meters	15:51
1991	Doug Bockenstette	5,000 Meters	16:28
1992	Doug Bockenstette	5,000 Meters	15:40
1993	Doug Bockenstette	5,000 Meters	15:46
1994	Dean Fulmer	5,000 Meters	15:36.3
1996	Jay Hummel	5,000 Meters	16:16
1998	Steve Padgett	5,000 Meters	15:39
1999	Steve Padgett	5,000 Meters	15:32
2000	Allen Bader	5,000 Meters	15:26
2001	Allen Bader	5,000 Meters	15:31
2005	Kyle Lang	5,000 Meters	16:01.1
2010	Travis Hawes	5,000 Meters	15:48.69

## REGIONAL INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
1992	Doug Bockenstette	5,000 Meters	15:36.3
1993	Doug Bockenstette	5,000 Meters	16:07.6
1994	Dean Fulmer	5,000 Meters	15:45.0
1999	Steve Padgett	5,000 Meters	15:29.2
2000	Allen Bader	5,000 Meters	15:26.3
2001	Allen Bader	5,000 Meters	15:33.7

## STATE INDIVIDUAL CHAMPIONS

<u>Year</u>	<u>Runner</u>	<u>Distance</u>	<u>Time</u>
<i>1993</i>	<i>Doug Bockenstette</i>	<i>5,000 Meters</i>	<i>15:18.2</i>
<i>1999</i>	<i>Steve Padgett</i>	<i>5,000 Meters</i>	<i>15:19.9</i>
<i>2000</i>	<i>Allen Bader</i>	<i>5,000 Meters</i>	<i>15:21.0</i>
<i>2001</i>	<i>Allen Bader</i>	<i>5,000 Meters</i>	<i>15:07.0</i>

# CROSS COUNTRY HONOR ROLL

“An All Time Career Best Ranking of LaSalle’s Cross Country Runners at Championship Meets”

### GCL (Rapid Run Park)

1.	15:09	Allen Bader	2001	1st
2.	15:14	Dean Fulmer	1994	1st
3.	15:15	Doug Bockenstette	1992	1st
4.	15:16	Steve Padgett	1998	1st
5.	15:20	Eric Mayhaus	2002	1st
	15:20	Kyle Lang	2006	1 <sup>st</sup>
7.	15:23	Derrick Butler	1997	1st
8.	15:27	Dan Fulmer	1986	1 <sup>st</sup>
9.	15:28	Jason Beck	2002	3rd
10.	15:29	Jake Nusekabel	2006	2nd

### DISTRICT

1=McGinnis Park, 2=VOA Park, 3=Princeton M.S.)

1.	15:26 <sub>3</sub>	Allen Bader	2000	1st
2.	15:32 <sub>2</sub>	Steve Padgett	1999	1st
3.	15:36 <sub>3</sub>	Dean Fulmer	1994	1st
4.	15:40 <sub>3</sub>	Doug Bockenstette	1992	1st
5.	15:41 <sub>1</sub>	Derrick Butler	1997	3rd
6.	15:48 <sub>2</sub>	Travis Hawes	2010	1st
7.	15:49 <sub>3</sub>	Dave Padgett	1992	3rd
8.	15:51 <sub>3</sub>	Dan Fulmer	1986	1st
9.	15:52 <sub>2</sub>	Ethan Bokeno	2010	2 <sup>nd</sup>
10.	15:57 <sub>3</sub>	Pat Rischmann	2000	3rd

### REGIONAL (Troy Memorial Stadium)

<u>Rank</u>	<u>Time</u>	<u>Runner</u>	<u>Year</u>	<u>Place</u>
1.	15:26	Allen Bader	2000	1st
2.	15:29	Steve Padgett	1999	1st
3.	15:36	Doug Bockenstette	1992	1st
4.	15:43	Dan Fulmer	1985	2nd
5.	15:44	Dave Padgett	1992	3rd
6.	15:45	Dean Fulmer	1994	1st
7.	15:49	Ethan Bokeno	2010	2 <sup>nd</sup>
8.	15:54	Travis Hawes	2007	4th
9.	15:58	Derrick Butler	1998	12th
10.	15:59	Pat Rischmann	2000	6th

### STATE (Scioto Downs)

1.	15:07	Allen Bader	2001	1st
2.	15:18	Doug Bockenstette	1993	1st
3.	15:19	Steve Padgett	1999	1st
4.	15:42	Dean Fulmer	1993	5th
5.	15:50	Dan Fulmer	1986	2nd
6.	15:51	Dave Padgett	1992	10th
7.	15:51.40	Travis Hawes	2007	12th
8.	15:52	Derrick Butler	1998	11th
9.	15:53	Jason Beck	2002	7th
10.	15:55	Pat Rischmann	2000	15 <sup>th</sup>

## CROSS COUNTRY STATE QUALIFIERS - PLACERS

Altenau, Zac	2001	16:45	82nd	Hawes, Travis	2007	15:51.40	12th
Altenau, Zac	2000	16:58	95 <sup>th</sup>	Hawes, Travis	2008	16:33.01	64th
Bader, Allen	2001	15:07	1 <sup>st</sup>	Hawes, Travis	2009	16:50.46	57th
Bader, Allen	2000	15:21	1 <sup>st</sup>	Hawes, Travis	2010	15:54.9	20th
Bader, Allen	1999	16:30	42nd	Heckler, Rob	1990	16:50	66th
Bader, Greg	2003	17:15	104th	Heckler, Rob	1989	17:15	95th
Bader, Greg	2004	16:42	40th	Heister, Dan	2002	16:26	41st
Bader, Greg	2005	16:23	29th	Heister, Dan	2004	16:32	31st
Banks, Jeff	1986	16:57	54th	Herrmann, Tom	1990	16:57	79th
Baumgartner, Bill	1993	17:02	91st	Herrmann, Tom	1989	17:11	88 <sup>th</sup>
Beck, Jason	2002	15:53	7 <sup>th</sup>	Hoeffler, Chris	1997	17:11	106th
Beck, Jason	2001	16:13	33 <sup>rd</sup>	Hudepohl, Mike	1989	16:20	17th
Beck, Jason	1999	17:20	103rd	Hudepohl, Mike	1988	17:40	62nd
Bilkasley, Tim	1990	16:56	77 <sup>th</sup>	Huey, Eric	1979	12:30	4th
Bilkasley, Tim	1989	17:12	90th	Huey, Eric	1978	?	?
Bittner, Andy	2003	16:54	66th	Huey, Jay	1975	9:52	13th
Bittner, Andy	2002	17:11	106th	Hummel, Jay	1996	16:15	23 <sup>rd</sup>
Bittner, Tim	2004	17:00	64th	Hummel, Jay	1995	16:58	54th
Bockenstette, Doug	1993	15:18	1st	Heusman, Mitchell	2005	17:17	89th
Bockenstette, Doug	1992	15:18	5 <sup>th</sup>	Huesman, Mitch	2006	16:54	74th
Bockenstette, Doug	1991	16:09	20th	Inderhees, Mike	2006	16:46	63rd
Bokeno, Ethan	2008	16:34.23	65th	Jostworth, Brian	1989	17:22	105th
Bokeno, Ethan	2009	18:19.15	141st	Keckeis, Bill	2002	16:30	44th
Bollin, Nick	1993	18:02	139th	Keckeis, Bill	2003	16:41	45th
Butler, Derrick	1998	15:52	11th	Kolkmeier, Tyler	1997	17:42	141st
Butler, Derrick	1997	15:57	8th	Kluesener, Kevin	2008	18:15.68	136 <sup>th</sup>
Butler, Derrick	1996	16:48	59th	Kluesener, Kevin	2009	17:38.78	117th
Calardo, Paul	2003	16:30	30th	Kluesener, Kevin	2010	17:00.5	116th
Calardo, Paul	2002	17:42	127th	Kramer, Joe	1997	17:56	147th
Calardo, Paul	2001	17:02	108th	Lang, Kyle	2004	16:37	35th
Calardo, Paul	2000	18:15	144th	Lang, Kyle	2005	15:59	10th
Cardinal, Clayton	2008	18:30.88	141st	Lang, Kyle	2006	15:57	16th
Carusone, Pete	1996	17:20	105th	LeSaint, Neil	1965	?	?
Comer, Sean	2006	17:07	97th	Lienhart, Chris	1986	17:13	79th
Devoe, Ben	2003	17:12	99th	Lupp, Richard	2005	16:49	65th
Doyle, Pat	1981	?	?	Lupp, Richard	2006	16:19	28th
Dragan, Kyle	2003	16:33	34th	Ludmann, Doug	1990	17:40	127th
Dragon, Kyle	2002	16:31	47th	Martin, Russ	1970	9:58	5 <sup>th</sup>
Dragon, Kyle	2001	16:27	49th	Martin, Russ	1969	?	18th
Eiser, Adam	1996	17:28	115th	Martin, Mike	1970	10:03	11th
Enneking, Noel	1991	16:31	64 <sup>th</sup>	Martin, Mike	1969	?	26th
Enneking, Noel	1990	17:03	85th	Mayhaus, Eric	2002	16:09	24th
Enneking, Noel	1989	17:31	116 <sup>th</sup>	Mayhaus, Eric	2001	16:13	34 <sup>th</sup>
Flynn, Jamey	1992	16:49	78 <sup>th</sup>	Mayhaus, Eric	2000	16:17	39th
Flynn, Jamey	1991	16:56	109th	McNamara, Jacob	2009	18:15.96	139th
Fulmer, Dan	1986	15:50	3 <sup>rd</sup>	Michel, Drew	2010	16:26.4	74th
Fulmer, Dan	1985	16:51	36th	Michel, Drew	2011	16:21.8	48th
Fulmer, Dean	1994	15:46	2 <sup>nd</sup>	Mohr, Tim	1993	17:09	103rd
Fulmer, Dean	1993	15:42	5th	Mohr, Robert	1991	17:31	147th
Fulmer, Dean	1992	15:58	13 <sup>th</sup>	Mohr, Robert	1990	17:42	132nd
Fulmer, Dean	1991	16:58	111th	Neuskabel, Jake	2005	16:10	18th
Fulmer, Doug	1999	17:07	86th	Nie, Matt	2009	18:43.46	149th
Grogan, Garrett	2001	16:03	25 <sup>th</sup>	Nie, Marc	2010	17:09.7	123 <sup>rd</sup>
Grogan, Garrett	2000	16:09	34th	Nie, Matt	2010	17:27.1	134th
Gunn, Dave	1986	16:43	37th	Nusekabel, Jake	2006	15:48	11th

## CROSS COUNTRY STATE QUALIFIERS - PLACERS

Padgett, Dave	1992	15:51	10th
Padgett, Dave	1991	16:37	77th
Padgett, Dave	1990	16:46	61st
Padgett, Steve	1998	15:27	3 <sup>rd</sup>
Padgett, Steve	1997	15:59	10th
Padgett, Steve	1996	16:44	53rd
Quick, Sean	1986	18:12	122nd
Rippenger, Rob	2009	18:03.94	132nd
Rischmann, Pat	2000	15:55	15 <sup>th</sup>
Rischmann, Pat	1999	16:15	23 <sup>rd</sup>
Robbins, Mike	1999	17:48	131 <sup>st</sup>
Robbins, Mike	1997	18:02	150th
Roellig, Rob	1986	18:04	120th
Roller, Brian	1993	16:42	62 <sup>nd</sup>
Roller Brian	1992	17:16	114th
Ruthemeyer C.	1996	17:03	82nd
Schroeck, Matt	2010	17:00.4	115th
St. George Andy	2004	17:23	92 <sup>nd</sup>
St. George, Andy	2005	17:44	121st
Sievering Scott	1993	17:48	133rd
Sievering Scott	1992	17:13	109 <sup>th</sup>
Spriggs Corey	2004	17:14	83 <sup>rd</sup>
Spriggs, Corey	2005	16:27	38 <sup>th</sup>
Spriggs, Corey	2006	16:31	41st
Stein Greg	2004	18:19	143rd
Southwood, Lee	2008	16:47.59	84th
Terbrueggen C.	1992	17:03	98 <sup>th</sup>
Terbrueggen C.	1991	17:19	134 <sup>th</sup>
Thierry, Alex	2008	16:56.35	99th
Thierry, Alex	2009	17:03.64	77th
Thiery, Alex	2010	16:12.0	48th
Vogele Doug	1989	17:56	137 <sup>th</sup>
Vogele Rick	1987	16:52	59th
Vogele Rick	1986	16:48	44th
Weidner Nick	1997	17:16	113 <sup>th</sup>
Weidner Nick	1996	17:33	120th
Wright Kevin	2000	16:50	85 <sup>th</sup>
Wright Kevin	1999	17:08	88th

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (1982-2007, 2009-2013)”

1.	15:09	Allen Bader (Sr.)	2001	1st	63.	16:21	Jason Beck (Jr.)	2001	8th
2.	15:14	Dean Fulmer (Sr.)	1994	1st		16:21	Andy Bittner (Jr.)	2002	16th
3.	15:15	Doug Bockenstette (Jr.)	1992	1st	65.	16:23	Tim Bilkasley (Sr.)	1990	4th
4.	15:16	Steve Padgett (Jr.)	1998	1st		16:23	Bill Keckeis (Jr.)	2002	17th
5.	15:17	Steve Padgett (Sr.)	1999	1st		16:23	Kyle Lang (So.)	2004	10th
6.	15:20	Eric Mayhaus (Sr.)	2002	1st	68.	16:24	Greg Bader (So.)	2003	14th
	15:20	Kyle Lang (Sr.)	2006	1st	69.	16:25	Scott Sievering (Sr.)	1993	4th
8.	15:23	Derrick Butler (Jr.)	1997	1st	70.	16:26	Paul Calardo (Jr.)	2002	18th
9.	15:24	Allen Bader (Jr.)	2000	1st		16:26	Travis Hawes (Jr.)	2009	9th
	15:24	Steve Padgett (So.)	1997	2nd	72.	16:27	Steve Padgett (Fr.)	1996	14th
11.	15:27	Dan Fulmer (Sr.)	1986	1st	73.	16:30	Rick Voegle (Jr.)	1986	9th
12.	15:28	Jason Beck (Sr.)	2002	3rd		16:30	Corey Spriggs (So.)	2004	14th
13.	15:29	Jake Nusekabel (Sr.)	2006	2nd	75.	16:31	Tim Bilkasley (Jr.)	1989	6th
14.	15:31	Travis Hawes (Fr.)	2007	2nd		16:31	Dave Padgett (So.)	1990	6th
15.	15:33	Corey Spriggs (Sr.)	2006	3rd	77.	16:32	Dan Fulmer (So.)	1984	9th
16.	15:34.09	Ethan Bokeno (Sr.)	2010	2nd		16:32	Doug Fulmer (Jr.)	1999	9th
17.	15:37.57	Drew Michel (Sr.)	2011	1st		16:32	Nick Bollin (Jr.)	1994	10th
18.	15:38	Doug Bockenstette (Sr.)	1993	1st	80.	16:33.78	Marc Nie (Sr.)	2011	10th
	15:38	Dave Padgett (Sr.)	1992	3rd	81.	16:33	Kyle Dragan (So.)	2001	10th
20.	15:40	Kyle Lang (Jr.)	2005	2nd	82.	16:34	Jamey Flynn (Sr.)	1992	16th
21.	15:44	Jay Hummel (Jr.)	1996	1st	83.	16:35	Doug Fulmer (So.)	1998	14th
22.	15:46	Dean Fulmer (Jr.)	1993	2nd		16:35	Andy Bittner (Sr.)	2003	17th
23.	15:47	Derrick Butler (So.)	1996	3rd	85.	16:36	Mike Robbins (So.)	1997	18th
24.	15:49.66	Kevin Kluesener (Sr.)	2010	5th		16:36	Sean Comer (Sr.)	2007	16th
25.	15:50	Allen Bader (So.)	1999	3rd	87.	16:37	Nick Bollin (Sr.)	1995	18th
26.	15:53	Pat. Rischmann (Sr.)	2000	3rd		16:37	Alex Thierry (Jr.)	2009	12th
	15:53	Kyle Dragan (Sr.)	2003	5th	89.	16:39	Mike Hudepohl (So.)	1987	9th
28.	15:54	Kyle Dragan (Jr.)	2002	8th		16:39	Eric Mayhaus (So.)	2000	18th
29.	15:56.71	Drew Michel (Jr.)	2010	9th	91.	16:40	Adam Eiser (Sr.)	1996	18th
30.	15:56	Corey Spriggs (Jr.)	2005	4th		16:40	Ricky Lupp (Jr.)	2005	18th
31.	15:57	Dean Fulmer (So.)	1992	5th	93.	16:42.24	Matt Schroeck (Sr.)	2011	14th
32.	15:58	Doug Bockenstette (So.)	1991	1st	94.	16:43.91	Michael Campbell (Jr.)	2013	12th
33.	16:01	Dan Fulmer (Jr.)	1985	1st	95.	16:44	Allen Bader (Fr.)	1998	18th
34.	16:02	Derrick Butler (Sr.)	1998	4th	96.	16:46	Mike LeBoeuf (So.)	1988	10th
	16:02	Dan Heister (Jr.)	2003	7th	97.	16:47	Chris Ruthemeyer (Sr.)	1996	21st
	16:02	Greg Bader (Sr.)	2005	6th		16:47	Matt Nie (Jr.)	2009	14th
37.	16:03	Eric Mayhaus (Jr.)	2001	2nd	99.	16:48.48	Zack Stross (Sr.)	2012	15th
	16:03	Mike Hudepohl (Jr.)	1988	4th	100.	16:48	Derrick Jackson (Sr.)	1995	23rd
	16:03	Ricky Lupp (Sr.)	2006	8th	101.	16:49	Kevin Johns (Sr.)	2007	18th
40.	16:05	Jake Neuskabel (Jr.)	2005	7th	102.	16:50	Chris Hoeffler (Sr.)	1997	25th
41.	16:08	Dave Gunn (Sr.)	1986	7th	103.	16:51.42	Marc Nie (Jr.)	2010	20th
42.	16:09	Rick Voegle (Sr.)	1987	4th	104.	16:51	Rob Heckler (Sr.)	1990	16th
	16:09	Scott Sievering (Jr.)	1992	8th	105.	16:52	Chris Terbruggen (Sr.)	1992	20th
	16:09	Bill Keckeis (Sr.)	2003	9th	106.	16:53.9	Greg Bader (Jr.)	2004	22nd
45.	16:10	Mike Hudepohl (Sr.)	1989	4th	107.	16:53	Dean Fulmer (Fr.)	1991	14th
	16:10	Dan Heister (So.)	2002	11th	108.	16:54	Brian Roller (Jr.)	1993	10th
47.	16:11	Jay Hummel (So.)	1995	5th		16:54	Tom Hermann (Sr.)	1990	18th
48.	16:12.18	Jacob Mcnamara (Jr.)	2011	3rd		16:54	Chris Hoeffler (So.)	1995	25th
49.	16:12.81	Travis Hawes (Sr.)	2010	11th	111.	16:55	Fred La Chance (Sr.)	1982	9th
50.	16:12	Pat Rischmann (Jr.)	1999	5th		16:55	Nick Bollin (So.)	1993	11th
51.	16:13.82	Alex Thiery (Sr.)	2010	12th		16:55	Mike Robbins (Sr.)	1999	20th
52.	16:13	Garrett Grogan (Sr.)	2001	4th	114.	16:56	David Mette (Sr.)	2005	26th
	16:13	Garrett Grogan (Jr.)	2000	8th	115.	16:57	Jerry Kombrinck (Sr.)	1984	18th
54.	16:14.23	Jacob Mcnamara (Sr.)	2012	9th		16:57	Bill Feuchter (Sr.)	1984	19th
55.	16:15	Tim Bittner (Sr.)	2004	8th		16:57	Kevin Wright (Jr.)	2001	19th
56.	16:16	Mitch Huesman	2006	10th	118.	16:58	Pete Carusone (Fr.)	1995	27th
57.	16:17	Mitchell Huesman (Jr.)	2005	11th	119.	16:59	Tom Hermann (So.)	1988	13th
58.	16:19	Dave Padgett (Jr.)	1991	3rd	120.	17:01.55	Brad Anneken (So.)	2013	14th
	16:19	Joe Kramer (Jr.)	1997	12th	121.	17:01	Steve Huedpohl (Sr.)	1988	14th
60.	16:20	Pete Carusone (So.)	1996	12th		17:01	Rob Heckler (Jr.)	1989	16th
	16:20	Paul Calardo (Sr.)	2003	13th	123.	17:02	Mike Sparks (So.)	1995	28th
62.	16:21.7	Dan Heister (Sr.)	2004	9th		17:02	Tyler Kolkmeier (So.)	1997	28th

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (1982-2007, 2009-2013)”

125.	17:04	Jeff Banks (Sr.)	1986	21st		17:33	Zac Altenau (Sr.)	2001	27th
126.	17:05	Chris Lienhart (Jr.)	1986	22nd	169.	17:34	Steve Hudepohl (So.)	1986	27th
	17:05	Kevin Kluesener (Jr.)	2009	17th	170.	17:35	Keith Jester (Jr.)	1987	21st
128.	17:06	Brian Roller (Sr.)	1994	22nd		17:35	Ian Placke (So.)	2007	40th
	17:06	Brian Roller (So.)	1992	24th	172.	17:38.80	Zack Stross (Jr.)	2011	33rd
130.	17:07	Jamey Flynn (Jr.)	1991	22nd	173	17:38	Tim Mohr (Jr.)	1993	19th
	17:07	Nick Weidner (Sr.)	1997	31st	174.	17:41.52	Matt Nie (Sr.)	2010	28th
	17:07	Tyler Kolkmeier (Jr)	1998	23 <sup>rd</sup>	175.	17:41	Mike Harmeyer (So.)	1993	23rd
133	17:08	Bryan Jostworth (Sr.)	1989	17th	176.	17:42.00	Nick Wuestefeld (10)	2013	23rd
	17:08	Kevin Wright (So.)	2000	22nd	177	17:42	Steve Bepler (Jr.)	1983	22nd
	17:08	Lee Southwood (Jr.)	2007	29th	178.	17:45	Clayton Cardinal	2009	24th
136.	17:09	Chris Terbruggen (Jr.)	1991	23rd	179.	17:46	Mike Bambach (Jr.)	1984	29th
	17:09	Noel Enneking (Sr.)	1991	24th	180.	17:47	Steve Hudepohl (Jr.)	1987	23rd
138.	17:10.08	Devon Schuemann (11)	2013	17th	181.	17:48.28	Adam Kluesener (Jr.)	2012	38 <sup>th</sup>
139.	17:10.9	Andy St. George (Jr.)	2004	26th	182.	17:50	Alex Cornelius (Jr.)	2009	26th
140.	17:10	Chris Hoeffler (Jr.)	1996	28th	183	17:53	Brendan Schnieber (Sr.)	1994	36th
141.	17:11	Jeff Banks (Jr.)	1985	15th	184.	17:54.20	Clayton Cardinal (Sr.)	2011	38th
142	17:12	Tim Mohr (Sr.)	1994	23 <sup>rd</sup>	185	17:54	John Cappel (So.)	2000	34 <sup>th</sup>
	17:12	Jason Beck (Fr.)	1999	26th	186.	17:56.40	Adam Kluesener (12)	2013	26th
144.	17:13.2	Greg Stein (Sr.)	2004	29th	187.	17:57	Mike Haas (Sr.)	1990	28th
145.	17:13	Tom Herrmann (Jr.)	1989	19th	188.	17:58	Ron Wilcox (Sr.)	1985	25 <sup>th</sup>
	17:13	Robert Mohr (Sr.)	1991	25th	189.	18:00	Bob Weyer (Sr.)	1982	24th
147.	17:14	Jay Hummel (Fr.)	1994	24th	190.	18:01.38	Simon Weyer (11)	2013	27th
148.	17:16	Steve Bepler (Sr.)	1984	24th	191.	18:05	Mike Robbins (Jr.)	1998	37 <sup>th</sup>
	17:16	Noel Enneking (Jr.)	1990	24th	192.	18:07.83	Steven Babcock (Jr.)	2012	42nd
150.	17:17	Jeff Banks (So.)	1984	25th	193.	18:09	Scott Homer (Jr.)	1988	25 <sup>th</sup>
	17:17	Dave Reuss (Sr.)	1985	16th	194.	18:10	Bill Fechter (Jr.)	1983	27 <sup>th</sup>
	17:17	Drew Michael (So.)	2009	21st	195	18:14	Nick Stenger (Sr.)	1983	28th
153.	17:18.27	Andy Cornelius (Jr.)	2012	28 <sup>th</sup>	196.	18:15	Scott Fearn (Sr.)	1987	27th
154.	17:19.00	Luke Roell (Sr.)	2011	26th	197	18:16	Doug Ludmann (Sr.)	1990	29th
155.	17:20	Rob Bittner (Jr.)	2007	32nd	198	18:17.46	Andy Cornelius (12)	2013	28th
156.	17:21.62	Michael Campbell (So.)	2012	30th	199.	18:17	Joe Roth (Sr.)	1987	28th
157.	17:22	Doug Voegele (Sr.)	1989	21st	200.	18:22	Mike Harmeyer (Jr.)	1994	53rd
	17:22	Doug Heitfield (Sr.)	1982	15th		18:22	Dan Eiser (Jr.)	2007	60th
	17:22	Mike Harmeyer (Sr.)	1995	33rd	202.	18:23	Jerry Kombrinck (So.)	1982	27th
160.	17:23.57	Devon Scheuermann (So.)	2012	31st	203	18:24	Dave Brunsmann (Sr.)	1982	28th
161.	17:23	Zac Altenau (Jr.)	2000	25th	204.	18:25	Nick Stenger (Jr.)	1982	29th
162.	17:25	Mike Bambach (Sr.)	1985	20th	205.	18:27	Scott Homer (Sr.)	1989	28th
163.	17:26	Sean Quick (Fr.)	1986	26th	206.	18:37	Jerry Kombrinck (Jr.)	1983	32nd
164.	17:30	Doug Voegele (Jr.)	1988	18th	207.	18:50	Matt Fry (So.)	1983	34th
165.	17:31	Kevin Wright (Fr.)	1999	34th	208	18:51	Dave Denoma (Sr.)	1984	36th
166.	17:32	Joe Beck (Jr.)	1998	28th	209.	19:08	Jeff Gibson (Jr.)	1985	30th
167.	17:33	Keith Jester (Sr.)	1988	19th	210.	18:54	Bill Wittich (So.)	1983	35th

## GCL CROSS COUNTRY TEAM RANKINGS

“A Ranking of La Salle’s GCL Cross Country Teams Scoring the Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Points</u>	8.	1997	261	16.	1984	598
1.	2006	127	9.	1999	267	17.	2012	612
2.	2002	154		1996	267	18.	1987	664
3.	2010	169	11.	1994	488	19.	2013	714
4.	1992	176	12.	1989	512	20	1982	839
5.	2005	181	13.	2009	524	21.	1983	949
6.	2003	230	14.	1988	530			
7.	2001	234	15.	1985	596			

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (Landmark Baptist 2008)”

1.	16:06.1	Travis Hawes (So.)	2008	1 <sup>st</sup>
2.	16:42.8	Ethan Bokeno (So.)	2008	5 <sup>th</sup>
3.	16:49.1	Lee Southwood (Sr.)	2008	8 <sup>th</sup>
4.	16:50.7	Kevin Kluesener (So.)	2008	10 <sup>th</sup>
5.	17:05.0	Alex Thiery (So.)	2008	15 <sup>th</sup>
6.	18:03.0	Daniel Eiser (Sr.)	2008	25 <sup>th</sup>
7.	18:50.7	Ike Placke (Jr.)	2008	26 <sup>th</sup>

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (St. Xavier High School 2014)”

16:45.14	Michael Campbell (12)	2014	5 <sup>th</sup>
16:48.73	Brad Anneken (11)	2014	7 <sup>th</sup>
17:10.55	Frank Pierce (11)	2014	121 <sup>th</sup>
17:15.48	Devon Scheuremann (12)	2014	13 <sup>th</sup>
17:19.92	Simon Weyer (12)	2014	14 <sup>th</sup>
17:27.47	Jalen Hasan (10)	2014	17 <sup>th</sup>
17:31.26	Nick Wuestefeld (11)	2014	20 <sup>th</sup>

# GCL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the GCL Championships (Kings Island Golf Center 2015)”

16:01.5	Brad Anneken	2015	1 <sup>st</sup>
16:12.5	Frank Pierce	2015	3 <sup>rd</sup>
16:24.8	Frank Wuestefeld	2015	6 <sup>th</sup>
16:35.1	Jason Handley	2015	9 <sup>th</sup>
16:55.0	Jaylen Hasan	2015	12 <sup>th</sup>
17:11.0	Cameron Sewell	2015	19 <sup>th</sup>
18:03.3	Patrick Crase	2015	25 <sup>th</sup>

# DISTRICT CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the District Championships (1982-2000)”

## Princeton Middle School (1982-1992, 1994, 1996, 1998, 2000)

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>	<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>
1.	15:26	Allen Bader (Jr.)	2000	1st	53.	17:16	Tim Bilkasley (Jr.)	1989	12th
2.	15:36	Dean Fulmer (Sr.)	1994	1st	54.	17:17	Mike LeBoeuf (So.)	1988	18t
3.	15:39	Steve Padgett (Jr.)	1998	1st	55.	17:18	Rob Heckler (Jr.)	1989	13th
4.	15:40	Doug Bockenstette (Jr.)	1992	1st	56.	17:18	Robert Mohr (Sr.)	1991	21st
5.	15:49	Dave Padgett (Sr.)	1992	3rd	57.	17:21	Steve Hudepohl (Sr.)	1988	21st
6.	15:50	Derrick Butler (Sr.)	1998	2nd	58.	17:21	Mike Bambach (Sr.)	1985	58th
7.	15:51	Dan Fulmer (Sr.)	1986	1st	59.	17:21	Jeff Banks (Jr.)	1985	59th
8.	15:53	Dan Fulmer (Jr.)	1985	4th	60.	17:22	Ron Wilcox (Sr.)	1985	60th
9.	15:57	Pat. Rischmann (Sr.)	2000	3rd	61.	17:24	Sean Quick (Fr.)	1986	39th
10.	16:00	Dean Fulmer (So.)	1992	4th	62.	17:27	Joe Beck (Sr.)	1998	28th
11.	16:02	Eric Mayhaus (So.)	2000	5th	63.	17:27	Brian Roller (So.)	1992	29th
12.	16:16	Jay Hummel (Jr.)	1996	1st	64.	17:28	Chris Dollemeyer (Sr.)	1996	26th
	16:16	Dave Gunn (Sr.)	1986	7th	65.	17:29	Nick Stenger (Sr.)	1983	32nd
	16:19	Garrett Grogan (Jr.)	2000	8th	66.	17:29	Adam Eiser (Sr.)	1996	27th
15.	16:28	Doug Bockenstette (So.)	1991	1st	67.	17:29	Rob Roellig (So.)	1986	41st
	16:28	Brian Roller (Sr.)	1994	3rd	68.	17:31	Steve Hudepohl (So.)	1986	24th
17.	16:32	Mike Hudepohl (Jr.)	1988	6th	69.	17:32	Chris Lienhart (Jr.)	1986	42nd
18.	16:33	Scott Sievering (Jr.)	1992	9th	70.	17:33	Tom Herrmann (Jr.)	1989	16th
19.	16:37	Dave Padgett (Jr.)	1991	4th	71.	17:33	Garrett Grogan (Fr.)	1998	31st
20.	16:39	Tim Bilkasley (Sr.)	1990	4th	72.	17:33	Keith Jester (Sr.)	1988	24th
21.	16:41	Steve Padgett (Fr.)	1996	6th	73.	17:36	Dave Reuss (Jr.)	1984	56th
22.	16:42	Noel Enneking (Sr.)	1991	7th	74.	17:36	Jeff Banks (So.)	1986	44th
23.	16:43	Derrick Butler (So.)	1996	8th	75.	17:36	Chris Terbrueggen (Jr.)	1991	31st
24.	16:47	Rick Voegel (Jr.)	1986	22nd	76.	17:38	Kevin Honold (So.)	1984	58th
25.	16:48	Mike Hudepohl (Sr.)	1989	4th	77.	17:38	Nick Bollin (Jr.)	1994	27th
26.	16:51	Dan Fulmer (So.)	1984	36th	78.	17:41	Nala Voeum (Fr.)	1994	29th
27.	16:52	Allen Bader (Fr.)	1998	16th	79.	17:44	Scott Homer (Jr.)	1988	31st
	16:52	Dean Fulmer (Fr.)	1991	10th	80.	17:45	Bill Keckeis (Fr.)	2000	43rd
29.	16:53	Rob Heckler (Sr.)	1990	10th	81.	17:45	Bob Weyer (Sr.)	1982	52nd
	16:53	Doug Fulmer (So.)	1998	18 <sup>th</sup>	82.	17:46	Scott Fearn (Sr.)	1987	30th
30.	16:55	Kevin Wright (So.)	2000	18th	83.	17:47	Jeff Banks (So.)	1984	66th
	16:55	Steve Bepler (Sr.)	1984	37th	84.	17:47	Doug Voegel (Sr.)	1989	18th
32.	16:56	Tom Hermann (Sr.)	1990	13th	85.	17:48	Doug Voegel (Jr.)	1988	34th
	16:56	Chris Lienhart (Sr.)	1987	9th	86.	17:49	Scott Homer (Sr.)	1989	20th
34.	16:57	Rick Voegel (Sr.)	1987	10th	87.	17:50	Robert Mohr (Jr.)	1990	32nd
	16:57	Chris Ruthemeyer (Sr.)	1996	13th	88.	17:53	Mike LeBoeuf (Fr.)	1987	31st
36.	16:58	Bill Feuchter (Sr.)	1984	38th	89.	17:54	Steve Bepler (So)	1982	54th
37.	16:59	Jay Hummel (Fr.)	1994	14th	90.	17:58	Mike Haas (Sr.)	1990	34th
38.	17:00	Noel Enneking (Jr.)	1990	17th	91.	17:58	Keith Jester (Jr.)	1987	33rd
39.	17:03	Dave Padgett (So.)	1990	19th	92.	17:59	Dave Brunzman (Sr.)	1982	58th
	17:03	Tim Mohr (Sr.)	1994	15th	93.	18:01	Mike Henz (So.)	1985	88th
41.	17:06	Mike Harmeyer (Jr.)	1994	17th	94.	18:07	Jerry Kombrinck (So.)	1982	63rd
42.	17:07	Mike Bambach (Jr.)	1984	44th	95.	18:07	Jerry Kombrinck (Jr.)	1983	51st
	17:07	Mike Hudepohl (So.)	1987	13th	96.	18:21	Tom Herrmann (So.)	1988	46th
	17:07	Jamey Flynn (Jr.)	1991	16th	97.	18:24	Joe Roth (So.)	1985	106th
45.	17:08	Fred LaChance (Sr.)	1982	34th	98.	18:37	Bill Wittich (So.)	1983	70th
46.	17:11	Jamey Flynn (Sr.)	1992	21st	99.	18:42	Steve Hudepohl (Fr.)	1985	119th
	17:11	Tyler Kolkmeier (Sr.)	1998	21st	100.	18:49	Kevin Honold (Fr.)	1983	77th
48.	17:12	Doug Heitfield (Sr.)	1982	36th	101.	18:50	Nick Stenger (Jr.)	1982	78th
49.	17:13	Chris Terbrueggen (Sr.)	1992	22nd	102.	18:50	Matt Fry (So.)	1983	80th
50.	17:14	Zac Altenau (Jr.)	2000	33rd	103.	18:53	Dave Denoma (Jr.)	1983	78th
51.	17:16	Pete Carusone (So.)	1996	20th		19:38	Doug Nienaber (Fr.)	1983	86th



# DISTRICT CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the District Championships (1993, 1995, 1997, 2012)”

## McGinnis Park (1993, 1995, 1997)

1.	15:41	Derrick Butler (Jr.)	1997	3rd
2.	15:43	Steve Padgett (So.)	1997	4th
3.	15:46	Doug Bockenstette (Sr.)	1993	1st
4.	15:50	Dean Fulmer (Jr.)	1993	2nd
5.	16:14	Scott Sievering (Sr.)	1993	5th
6.	16:49	Jay Hummel (So.)	1995	5th
7.	16:50	Tyler Kolkmeier (So.)	1997	22nd
8.	16:53	Brian Roller (Jr.)	1993	9th
9.	17:02	Joe Kramer (Jr.)	1997	24th
10.	17:06	Tim Mohr (Jr.)	1993	12th
11.	17:09	Chris Hoeffler (Sr.)	1997	27th
12.	17:13	Nick Bollin (Sr.)	1995	14th
13.	17:14	Bill Baumgartner (Sr.)	1993	16th
14.	17:15	Nick Weidner (Sr.)	1997	31st
15.	17:20	Nick Bollin (So.)	1993	20th
16.	17:23	Mike Sparks (So.)	1995	16th
17.	17:24	Derrick Jackson (Sr.)	1995	17th
18.	17:26	Pete Carusone (So.)	1995	19th
19.	17:27	Mike Harmeyer (Sr.)	1995	20th
20.	17:41	Mike Robbins (So.)	1997	42nd
21.	17:47	Chris Hoeffler (So.)	1995	32nd

## Corwin Nixon Park (Mason) (2012)

1.	16:45.96	Jacob Mcnamara (Sr.)	2012	16 <sup>th</sup>
2.	17:04.42	Zack Stross (Sr.)	2012	23 <sup>rd</sup>
3.	17:13.77	Devon Scheuemann (So.)	2012	33 <sup>rd</sup>
4.	17:40.36	Michael Campbell (So.)	2012	48 <sup>th</sup>
5.	17:51.01	Andy Cornelius (Jr.)	2012	50 <sup>th</sup>
6.	18:04.92	Adam Kluesener (Jr.)	2012	58 <sup>th</sup>
7.	18:06.21	Simon Weyer (So.)	2012	59 <sup>th</sup>

# DISTRICT CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the District Championships at VOA Park”

1.	15:31	Allen Bader (Sr.)	2001	1st					
2.	15:32	Steve Padgett (Sr.)	1999	1st	54.	16:54.83	Simon Weyer (12)	2014	26th
3.	15:48.69	Travis Hawes (Sr.)	2010	1 <sup>st</sup>	55.	16:54	Paul Calardo (Sr.)	2003	18th
4.	15:52.52	Ethan Bokeno (Sr.)	2010	2nd	56.	16:56.03	Brad Anneken (10)	2013	30th
5.	16:01.1	Kyle Lang (Jr.)	2005	1st	57.	16:56	Andy Bittner (Jr.)	2002	22nd
6.	16:04.56	Drew Michel (Sr.)	2011	3 <sup>rd</sup>	58.	16:57.4	Cameren Sewell (Jr.)	2015	23rd
7.	16:07	Eric Mayhaus (Sr.)	2002	3rd	59.	16:57	Ricky Lupp (Sr.)	2006	6th
8.	16:11.5	Travis Hawes (So.)	2008	3rd	60.	16:58	Doug Fulmer (Jr.)	1999	14th
9.	16:13.14	Travis Hawes (Fr.)	2007	2nd	61.	16:58.48	Sean Comer (Sr.)	2007	12th
10.	16:13.17	Drew Michel (Jr.)	2010	9th	62.	17:01.7	Andrew St. George (Sr.)	2005	20th
11.	16:13	Garrett Grogan (Sr.)	2001	3rd	63.	17:02	Mitchell Heusman (Jr.)	2005	21st
12.	16:14.82	Kevin Kluesener (Sr.)	2010	10 <sup>th</sup>	64.	17:03.73	Devon Scheuerman (12)	2014	29th
13.	16:15.7	Brad Anneken (Sr.)	2015	4th	65.	17:03	Andy Bittner (Sr.)	2003	21st
14.	16:18.10	Alex Thiery (Sr.)	2010	11th	66.	17:04.95	Marc Nie (Sr.)	2011	21 <sup>st</sup>
15.	16:18	Jason Beck (Sr.)	2002	4th	67.	17:05	Greg Bader (So.)	2003	23rd
16.	16:18	Eric Mayhaus (Jr.)	2001	4th	68.	17:06.8	Jaylen Hasan (Jr.)	2015	26th
17.	16:21.49	Michael Campbell (12)	2014	9th	69.	17:07.20	Corey Spriggs (So.)	2004	28th
18.	16:23.6	Nick Wuesterfeld (12)	2015	6th	70.	17:07	Zac Altenau (Sr.)	2001	16th
19.	16:23	Jake Nusekabel (Sr.)	2006	2nd	71.	17:09.01	Nick Wuestefeld (11)	2014	33 <sup>rd</sup>
20.	16:24	Kyle Dragon (Jr.)	2002	5th	72.	17:09.94	Jaylen Hasen (10)	2014	34th
21.	16:25	Dan Hesiter (Jr.)	2003	5th	73.	17:10.95	Clayton Cardinal (Sr.)	2011	27 <sup>th</sup>
22.	16:26	Kyle Dragan (Sr.)	2003	6th	74.	17:10	Mike Inderhees (So.)	2006	10th
23.	16:27	Dan Heister (So.)	2002	6th	75.	17:12	Mike Robbins (Sr.)	1999	17 <sup>th</sup>
24.	16:28	Greg Bader (Sr.)	2005	4 <sup>th</sup>	76.	17:12.4	Greg Bader (Jr.)	2004	29th
25.	16:28.5	Jake Neuskabel (Jr.)	2005	5th	77.	17:13.54	Frank Pierce (11)	2014	36th
26.	16:29	Kyle Lang (Sr.)	2006	3rd	78.	17:14	Corey Spriggs (Fr.)	2003	29th
27.	16:29.7	Ethan Bokeno (So.)	2008	6th	79.	17:16.7	Travis Hawes (Jr.)	2009	11 <sup>th</sup>
28.	16:30.3	Frank Pierce (Sr.)	2015	9th	80.	17:18.8	Ethan Bokeno (Jr.)	2009	12th
29.	16:30.66	Michael Campbell (11)	2013	17th	81.	17:19.3	Andy St. George (Jr.)	2004	31st
30.	16:30	Pat Rischmann (Jr.)	1999	4th	82.	17:19.85	Kevin Johns (Sr.)	2007	20th
31.	16:32	Corey Spriggs (Sr.)	2006	4th	83.	17:20	Mitch Huesman (Sr.)	2006	15th
32.	16:34.8	Alex Thiery (So.)	2008	9th	84.	17:22.5	Kevin Kluesener (Jr.)	2009	14th
33.	16:35.2	Kyle Lang (So.)	2004	10th	85.	17:22.63	Nick Wuestefeld (10)	2013	43rd
34.	16:36.1	Jason Handley	2015	12th	86.	17:22.69	Luke Roell (Sr.)	2011	32 <sup>nd</sup>
35.	16:36.9	Dan Heister (Sr.)	2004	14th	87.	17:27	Paul Calardo (So.)	2001	29 <sup>th</sup>
36.	16:36	Paul Calardo (Jr.)	2002	13th	88.	17:27.7	Dave Mette (Jr.)	2004	36th
37.	16:38.8	Lee Southwood (Sr.)	2008	13th	89.	17:27.7	Clayton Cardinal (Fr.)	2008	33rd
38.	16:39	Bill Keckeis (Sr.)	2003	8th	90.	17:29.37	Jason Handley (10)	2013	48th
39.	16:40	Kyle Dragon (So.)	2001	7th	91.	17:29	Jason Beck (Fr.)	1999	26th
40.	16:40.6	Tim Bittner (Sr.)	2004	15th	92.	17:31	Sean Comer (Jr.)	2006	20th
41.	16:41.85	Brad Anneken (11)	2014	21st	93.	17:32.13	Stephen Babcock (So.)	2011	37 <sup>th</sup>
42.	16:43	Jason Beck (Jr.)	2001	10th	94.	17:32.36	Ike Placke (So.)	2007	25 <sup>th</sup>
43.	16:43.5	Richard Lupp (Jr.)	2005	12th	95.	17:34.66	Lee Southwood (Jr.)	2007	26th
44.	16:44.16	Jake Mcnamara (Jr.)	2011	11th	96.	17:37.4	Ike Placke (Jr.)	2008	40th
45.	16:47.42	Devon Scheuerman (11)	2013	22nd	97.	17:39	Joe Beck (Sr.)	1999	32 <sup>nd</sup>
46.	16:47.9	Kevin Kluesener (So.)	2008	17th	98.	17:45.02	Matt Schroeck (Sr.)	2011	40th
47.	16:48.82	Matt Nie (Sr.)	2010	19th	99.	17:52.00	Simon Weyer	2013	58th
48.	16:49	Allen Bader (So.)	1999	10th	100.	17:58.2	Ryan Crail (Fr.)	2015	49th
49.	16:50.46	Adam Klusener (12)	2013	26th	101.	18:00.92	Rob Bittner (Jr.)	2007	41 <sup>st</sup>
50.	16:51.8	Corey Spriggs (Jr.)	2005	18th	102.	18:08.5	Drew Michel (So.)	2009	27 <sup>th</sup>
51.	16:52	Bill Keckeis (Jr.)	2002	20th	103.	18:20.7	Matt Nie (Jr.)	2009	33 <sup>rd</sup>
52.	16:53.5	Alex Thierry (Jr.)	2009	6th	104.	18:26.5	Clayton Cardinal (So.)	2009	35th
53.	16:54.38	Marc Nie (Jr.)	2010	20th	105.	18:33.21	Matt Nie (Fr.)	2007	55th

## **DISTRICT TEAM RANKINGS AT VOICE OF AMERICA PARK**

“A Ranking of La Salle’s Cross Country Teams Who Have Run the District Meet at VOA Park Scoring the VOA Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Points</u>
1.	2010	43
2.	2002	102
3.	2001	109
4.	2005	147
5.	2008	150
6.	2015	151
7.	2003	201
8.	2006	209
9.	1999	215
10	2014	247
11.	2004	253
12.	2013	264
13.	2011	275
14.	2007	341
15.	2009	397

# REGIONAL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the Regional Championships (Troy, Ohio,1985-2015)”

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>						
1.	15:26	Allen Bader (Jr.)	2000	1st	60.	16:41.5	Brad Anneken (Sr.)	2015	28th	
2.	15:29	Steve Padgett (Sr.)	1999	1st	61.	16:41	Steve Padgett (Fr.)	1996	21st	
3.	15:33	Allen Bader (Sr.)	2001	1st	62.	16:44	Tim Bilkasley (Jr.)	1989	16th	
4.	15:36	Doug Bockenstette (Jr.)	1992	1st	63.	16:45.0	Nick Wuestefeld (Sr.)	2015	31st	
5.	15:36	Steve Padgett (Jr.)	1998	3rd	64.	16:45	Kyle Dragon (So.)	2001	25th	
I	15:43	Dan Fulmer (Jr.)	1985	2nd	65.	16:47	Allen Bader (So.)	1999	20th	
6.	15:44	Dave Padgett (Sr.)	1992	3rd		16:47	Chris Terbrueggen (Sr.)	1992	33rd	
7.	15:45	Dean Fulmer (Sr.)	1994	1st	67.	16:48	Bill Keckeis (Jr.)	2002	33rd	
8.	15:47	Dan Fulmer (Sr.)	1986	2nd	68.	16:49	Jamey Flynn (Sr.)	1992	34th	
9.	15:49.7	Ethan Bokeno (Sr.)	2010	2nd	69.	16:50	Rick Vogeles (Jr.)	1986	23rd	
10.	15:50	Dean Fulmer (So.)	1992	4th		16:50	Mike Inderhees (So.)	2006	18th	
11.	15:54.54	Travis Hawes (Fr.)	2007	4th	71.	16:52.4	Alex Thierry (Jr.)	2009	18th	
12.	15:58	Derrick Butler (Sr.)	1998	12th	72.	16:52	Rob Heckler (Jr.)	1989	23rd	
13.	15:59	Patrick Rischmann (Sr.)	2000	6 <sup>th</sup>		16:52	Greg Bader (So.)	2003	37 <sup>th</sup>	
14.	16:01	Derrick Butler (Jr.)	1997	7th	74.	16:53.1	Jason Handley (Sr.)	2015	38th	
15.	16:02	Eric Mayhaus (Sr.)	2002	4th	75.	16:53	Mitchell Heusman (Jr.)	2005	32nd	
	16:02	Steve Padgett (So.)	1997	8th	76.	16:54.62	Alex Thiery (So.)	2008	27th	
	16:02	Kyle Lang (Jr.)	2005	4th	77.	16:54	Chris Lienhart (Sr.)	1987	37th	
18.	16:04	Greg Bader (Sr.)	2005	7th		16:54	Kevin Wright (Sr.)	2000	41st	
19.	16:07.64	Drew Michel (Sr.)	2011	9th		16:54	Andy Bittner (Sr.)	2003	41st	
20.	16:07	Doug Bockenstette (Sr.)	1993	1st		16:54	Greg Bader (Jr.)	2004	22nd	
	16:07	Kyle Lang (Sr.)	2006	2nd		16:54	Mitch Heusman (Sr.)	2006	19 <sup>th</sup>	
22.	16:08.2	Travis Hawes (Sr.)	2010	9 <sup>th</sup>	82.	16:55.62	Brad Anneken (11)	2014	29th	
23.	16:10.1	Alex Thiery (Sr.)	2010	11th	83.	16:55	Chris Ruthemeyer (Sr.)	1996	35th	
24.	16:10	Garrett Grogan (Sr.)	2001	6th	84.	16:56	Dave Padgett (So.)	1990	22nd	
25.	16:12	Jason Beck (Sr.)	2002	9th		16:56	Mike Hudepohl (So.)	1987	39th	
26.	16:14	Dean Fulmer (Jr.)	1993	3rd	86.	16:57	Chris Lienhart (Jr.)	1986	38th	
27.	16:15.46	Travis Hawes (So.)	2008	7th	87.	16:59	Dave Padgett ( Jr.)	1991	22nd	
28.	16:16	Eric Mayhaus (So.)	2000	15th		16:59	Kyle Lang (So.)	2004	24 <sup>th</sup>	
29.	16:19	Garrett Grogan (Jr.)	2000	16th		16:59	Corey Spriggs (Sr.)	2006	22 <sup>nd</sup>	
30.	16:20	Kyle Dragan (Sr.)	2003	15th	90.	17:00	Tim Bittner (Sr.)	2004	25th	
31.	16:21	Mike Hudepohl (Jr.)	1988	11th	91.	17:01	Brian Roller (So.)	1992	39th	
	16:21	Jason Beck (Jr.)	2001	12th		17:01	Chris Hoeffler (Sr.)	1997	44th	
33.	16:23	Rick Vogeles (Sr.)	1987	11th		17:01	Ben Devoe (Sr.)	2003	50 <sup>th</sup>	
	16:23	Jay Hummel (Jr.)	1996	11th	94.	17:02.18	Marc Nie (Sr.)	2011	46th	
35.	16:24	Paul Calardo (Sr.)	2003	17th	95.	17:02.36	Sean Comer (Sr.)	2007	48th	
36.	16:25	Kyle Dragon (Jr.)	2002	21st	96.	17:02	Allen Bader (Fr.)	1998	48th	
37.	16:26.7	Kevin Kluesener (Sr.)	2010	20th	97.	17:03.0	Matt Nie (Sr.)	2010	45th	
38.	16:26	Tim Bilkasley (Sr.)	1990	7th	98.	17:03.77	Ethan Bokeno (Jr.)	2009	26th	
39.	16:27.8	Drew Michel (Jr.)	2010	22nd	99.	17:04.55	Lee Southwood (Sr.)	2008	38th	
40.	16:27	Richard Lupp (Jr.)	2005	22nd	100.	17:04	Rob Heckler (Sr.)	1990	32nd	
41.	16:28	Dave Gunn (Sr.)	1986	9th	101.	17:05	Tom Herrmann (Sr.)	1990	33rd	
42.	16:30	Dan Heister (So.)	2002	23rd		17:05	Steve Huedpohl (Jr.)	1988	49th	
	16:30	Jake Nusekabel (Sr.)	2006	9th	103.	17:06	Nick Bollin (Sr.)	1995	29th	
44.	16:31	Mike Hudepohl (Sr.)	1989	9th		17:06	Andy Bittner (Jr.)	2002	57th	
45.	16:32.21	Ethan Bokeno (So.)	2008	12th	105.	17:07	Bryan Jostworth (Sr.)	1989	33rd	
I	16:32.88	Jacob Mcnamara (Sr.)	2012	27 <sup>th</sup>		17:07	Zac Altenau (Sr.)	2001	48th	
46.	16:33	Eric Mayhaus (Jr.)	2001	17th	107.	17:08.6	Cameron Sewell (Jr.)	2015	59th	
47.	16:34	Doug Bockenstette (So.)	1991	5th	108.	17:08	Brian Roller (Jr.)	1993	21st	
	16:34	Bill Keckeis (Sr.)	2003	22nd	109.	17:09	Pete Carusone (So.)	1996	54th	
	16:34	Jake Neuskabel (Jr.)	2005	24th	110.	17:10.69	Devon Scheureman (12)	2014	44th	
50.	16:35.15	Travis Hawes (Jr.)	2009	14th	111.	17:10	Doug Fulmer (So.)	1998	54th	
51.	16:37	Scott Sievering (Jr.)	1992	29th		17:10	Andrew St. George (Sr.)	2005	64th	
52.	16:38.56	Michael Campbell (12)	2014	18th	113.	17:11	Noel Enneking (Sr.)	1991	26th	
53.	16:38	Derrick Butler (So.)	1996	18th		17:11	Mike Robbins (Sr.)	1999	35th	
54.	16:39.25	Jake Mcnamara (Jr.)	2011	29 <sup>th</sup>	115.	17:12.8	Matt Schroeck (Jr.)	2010	55th	
55.	16:39	Jay Hummel (So.)	1995	9th	116.	17:12	Tyler Kolkmeier (Jr.)	1998	57th	
	16:39	Cory Spriggs (Jr.)	2005	29th	117.	17:14.96	Kevin Kluesener (Jr.)	2009	39th	
57.	16:40	Patrick Rischmann (Jr.)	1999	16th	118.	17:14	Dean Fulmer (Fr.)	1991	31st	
	16:40	Dan Heister (Sr.)	2004	16th		17:14	Doug Fulmer (Jr.)	1999	40th	
	16:40	Ricky Lupp (Sr.)	2006	13th		17:14	Tyler Kolkmeier (So.)	1997	57 <sup>th</sup>	
					121.	17:15	Paul Calardo (So.)	2001	58th	

# REGIONAL CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the Regional Championships (Troy, Ohio, 1985-2015)”

122.	17:16	Tim Mohr (Sr.)	1994	38th	17:37	Derrick Jackson (Sr.)	1995	65th	
123.	17:17	Keith Jester (Jr.)	1987	62nd	17:37	Corey Spriggs (Fr.)	2003	87th	
124.	17:18.27	Nick Wuestefeld (11)	2014	47th	160.	17:38.27	Rob Bittner (Jr.)	2007	80th
125.	17:20.54	Kevin Kluesener (So.)	2008	49th	161.	17:38	Doug Vogele (Sr.)	1989	57th
126.	17:20.67	Matt Schroeck (Sr.)	2011	72nd	162.	17:40.03	Dan Eiser (Jr.)	2007	84th
127.	17:21.82	Jaylen Hasen (10)	2014	52nd	163.	17:40.1	Jaylen Hasen (Jr.)	2015	92nd
128.	17:21	Sean Comer (Jr.)	2006	52nd	164.	17:40	Garrett Grogan (Fr.)	1998	78th
129.	17:22	Noel Enneking (Jr.)	1990	53rd	165.	17:41	Chris Dollemeyer (Jr.)	1995	71st
	17:22	Zac Altenau (Jr.)	2000	68th	166.	17:43	Robert Mohr (Jr.)	1990	70th
	17:22	Corey Spriggs (So.)	2004	41st		17:43	Rob Roellig (So.)	1986	76th
132.	17:23.62	Ian Placke (So.)	2007	67th	168.	17:44.0	Ryan Crail (Fr.)	2015	97th
133.	17:23	Tim Mohr (Jr.)	1993	31st	169.	17:44	Mike Robbins (So.)	1997	81st
134.	17:24	Tom Herrmann (Jr.)	1989	43rd		17:44	Tom Herrmann (So.)	1988	93rd
135.	17:25.60	Kevin Johns (Sr.)	2007	69th	171.	17:46	Brian Roller (Sr.)	1994	67 <sup>th</sup>
136.	17:25	Scott Sievering (Sr.)	1993	34th	172.	17:47.13	Clayton Cardinal (Fr.)	2008	75th
	17:25	Chris Dollemeyer (Sr.)	1996	67th	173.	17:48	Joe Beck (Jr.)	1998	81st
	17:25	Steve Huedpohl (Jr.)	1987	70th	174.	17:51	Mike Harmeyer (Sr.)	1995	82nd
139.	17:26	Jamey Flynn (Jr.)	1991	40 <sup>th</sup>	175.	17:52	Joe Kramer (Jr.)	1997	90th
140.	17:27	Scott Homer (Jr.)	1988	67th		17:52	Mike LeBoeuf (So.)	1988	97th
141.	17:28.7	Frank Pierce (Sr.)	2015	84th	177.	17:53	Sean Quick (Fr.)	1986	85th
142.	17:29.52	Matt Nie (Jr.)	2009	54th	178.	17:54.92	Rob Rippenger (Sr.)	2009	77th
143.	17:29	Nick Bollin (Jr.)	1994	49 <sup>th</sup>	179.	17:54	Bill Baumgartner (Sr.)	1993	56 <sup>th</sup>
144.	17:30	Kevin Wright (Fr.)	1999	56 <sup>th</sup>		17:54	Mike Harmeyer (Jr.)	1994	76th
	17:30	Nick Weidner (Sr.)	1997	69th	181.	18:00	Mike LeBoeuf (Fr.)	1987	101st
146.	17:31	Jeff Banks (Sr.)	1986	64th	182.	18:04	Nala Voenum (Fr.)	1994	83rd
147.	17:31.75	Ike Placke (Jr.)	2008	63rd	183.	18:05.74	Stephen Babcock (So.)	2011	110th
148.	17:32	Jason Beck (Fr.)	1999	59th	184.	18:06	Mike Harmeyer (So.)	1993	69th
	17:32	Mike Sparks (So.)	1995	60th	185.	18:13	Greg Stein (Sr.)	2004	75th
150.	17:33	Chris Terbrueggen (Jr.)	1991	43rd	186.	18:14	Jason Beck (So.)	2000	109th
	17:33	Keith Jester (Sr.)	1988	75th	187.	18:17	Scott Homer (Sr.)	1989	94th
152.	17:34.62	Lee Southwood (Jr.)	2007	78th	188.	18:23.19	Simon Weyer (12)	2014	89 <sup>th</sup>
153.	17:34	Adam Eiser (Sr.)	1996	76th	189.	18:23.61	Frank Pierce (11)	2014	90th
	17:34	Paul Calardo (Jr.)	2002	90th	190.	18:28	Robert Mohr (Sr.)	1991	88th
155.	17:36	Doug Vogele (Jr.)	1988	81 <sup>st</sup>	191.	18:31	Doug Ludman (Sr.)	1990	97 <sup>th</sup>
156.	17:37.60	Luke Roell (Sr.)	2011	94th	192.	18:46	Ricky Lupp (So.)	2004	96 <sup>th</sup>
157.	17:37	Jay Hummel (Fr.)	1994	57 <sup>th</sup>	193.	19:31.71	Clayton Cardinal (Sr.)	2011	127 <sup>th</sup>

## REGIONAL CROSS COUNTRY TEAM RANKINGS

“A Ranking of La Salle’s Regional Cross Country Teams Scoring the Time Rankings”

<u>Rank</u>	<u>Team</u>	<u>Point Total</u>	<u>Rank</u>	<u>Team</u>	<u>Point Total</u>
1.	2010	130	15.	1989	407
2.	1992	136	16.	1993	411
3.	2000	148	17.	2004	434
4.	2001	168	18.	2015	445
5.	2005	175	19.	2011	449
6.	2002	185	20.	1990	452
7.	2003	261	21.	1987	454
8.	2006	269	22.	2009	478
9.	1996	339	23.	2014	494
10.	1998	340	24.	1991	500
11.	1986	351	25.	2007	525
12.	1999	355	26.	1988	563
13.	2008	372	27.	1994	600
14.	1997	375	28.	1995	628

# STATE CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the State Championships (Scioto Downs 1985-2010)

<u>Rank</u>	<u>Time</u>	<u>Athlete</u>	<u>Year</u>	<u>Place</u>					
					53.	16:45	Zac Altenau (Sr.)	2001	82nd
1.	15:07	Allen Bader (Sr.)	2001	1st	54.	16:46	Dave Padgett (So.)	1990	61st
2.	15:18	Doug Bockenstette (Sr.)	1993	1st		16:46	Michael Inderhees (So.)	2006	63rd
3.	15:18	Doug Bockenstette (Jr.)	1992	5th	56.	16:47.59	Lee Southwood (Sr.)	2008	84th
4.	15:19	Steve Padgett (Sr.)	1999	1st	57.	16:48	Rick Vogelee (Jr.)	1986	44th
5.	15:21	Allen Bader (Jr.)	2000	1st		16:48	Derrick Butler (So.)	1996	59th
<i>I</i>	15:27	Steve Padgett (Jr.)	1998	3rd	59.	16:49	Jamey Flynn (Sr.)	1992	78th
6.	15:42	Dean Fulmer (Jr.)	1993	5th		16:49	Richard Lupp (Jr.)	2005	65th
<i>I</i>	15:46	Dean Fulmer (Sr.)	1994	2nd	61.	16:50	Rob Heckler (Sr.)	1990	66th
7.	15:48	Jake Nusekabel	2006	11th		16:50	Kevin Wright (So.)	2000	85th
8.	15:50	Dan Fulmer (Sr.)	1986	3rd	63.	16:50.46	Travis Hawes (Jr.)	2009	57th
9.	15:51	Dave Padgett (Sr.)	1992	10th	<i>I</i>	16:51	Dan Fulmer (Jr.)	1985	36th
<i>I</i>	15:51.40	Travis Hawes (Fr.)	2007	12th	<i>I</i>	16:52	Rick Vogelee (Sr.)	1987	59th
<i>I</i>	15:52	Derrick Butler (Sr.)	1998	11th	64.	16:54	Andy Bittner (Sr.)	2003	66th
10.	15:53	Jason Beck (Sr.)	2002	7th		16:54	Mitchell Huesman (Sr.)	2006	74th
11.	15:54.8	Travis Hawes (Sr.)	2010	20th	66.	16:56	Tim Bilkasley (Sr.)	1990	77th
12.	15:55	Patrick Rischmann (Sr.)	2000	15 <sup>th</sup>		16:56	Jamey Flynn (Jr.)	1991	109th
13.	15:57	Derrick Bultner (Jr.)	1997	8th	68.	16:56.35	Alex Thiery (So.)	2008	99th
	15:57	Kyle Lang (Sr.)	2006	16th	69.	16:57	Jeff Banks (Sr.)	1986	54th
15.	15:58	Dean Fulmer (So.)	1992	13th		16:57	Tom Herrmann (Sr.)	1990	79th
16.	15:59	Steve Padgett (So.)	1997	10th	71.	16:58	Zac Altenau (Jr.)	2000	95th
	15:59	Kyle Lang (Jr.)	2005	10th		16:58	Dean Fulmer (Fr.)	1991	111 <sup>th</sup>
18.	16:03	Garrett Grogan (Sr.)	2001	25th	<i>I</i>	16:58	Jay Hummel (So.)	1995	54th
19.	16:09	Doug Bockenstette (So.)	1991	20th	73.	17:00.4	Matt Schroeck (Jr.)	2010	115 <sup>th</sup>
	16:09	Eric Mayhaus (Sr.)	2002	24th	74.	17:00.5	Kevin Kluesener (Sr.)	2010	116 <sup>th</sup>
	16:09	Garrett Grogan (Jr.)	2000	34th	75.	17:00	Tim Bittner (Sr.)	2004	64th
22.	16:10	Jake Neuskabel (Sr.)	2005	18 <sup>th</sup>	76	17:02	Bill Baumgartner (Sr.)	1993	91st
23.	16:12.0	Alex Thiery (Sr.)	2010	48th		17:02	Paul Calardo (Sr.)	2001	108th
24.	16:13	Jason Beck (Jr.)	2001	33rd	78.	17:03	Chris Ruthemeyer (Sr.)	1996	82nd
	16:13	Eric Mayhaus (Jr.)	2001	34th		17:03	Noel Enneking (Jr.)	1990	85th
26.	16:15	Patrick Rischmann (Jr.)	1999	23rd		17:03	Chris Terbruggen(Sr.)	1992	98th
	16:15	Jay Hummel (Jr.)	1996	23rd	81.	17:03.64	Alex Thierry (Jr.)	2009	77th
28.	16:17	Eric Mayhaus (So.)	2000	39th	82.	17:07	Doug Fulmer (Jr.)	1999	86th
29.	16:19	Ricky Lupp (Sr.)	2006	28th		17:07	Sean Comer (Jr.)	2006	97th
30.	16:20	Mike Hudepohl (Sr.)	1989	17th	84.	17:08	Kevin Wright (Fr.)	1999	88th
31.	16:23	Greg Bader (Sr.)	2005	29th	85.	17:09.7	Marc Nie (Jr.)	2010	123rd
32.	16:26.4	Drew Michel (Jr.)	2010	74th	86.	17:09	Tim Mohr (Jr.)	1993	103rd
33.	16:26	Daniel Heister (So.)	2002	41st	87.	17:11	Tom Herrmann (Jr.)	1989	88th
34.	16:27	Kyle Dragon (So.)	2001	49th		17:11	Chris Hoeffler (Sr.)	1997	106th
	16:27	Corey Spriggs (Jr.)	2005	38th		17:11	Andrew Bittner (Jr.)	2002	106th
36.	16:30	Allen Bader (So.)	1999	42nd	90.	17:12	Tim Bilkasley (Jr.)	1989	90th
	16:30	William Keckeis (Jr.)	2002	44th		17:12	Ben Devoe (Sr.)	2003	99th
	16:30	Paul Calardo (Sr.)	2003	30th	92.	17:13	Scott Sievering (Jr.)	1992	109th
39.	16:31	Kyle Dragon (Jr.)	2002	47th		17:13	Chris Lienhart (Jr.)	1986	79th
	16:31	Noel Enneking (Sr.)	1991	64th	94	17:14	Corey Spriggs (So.)	2004	83rd
	16:31	Corey Spriggs (Sr.)	2006	41st	95	17:15	Rob Heckler (Jr.)	1989	95th
42.	16:32	Dan Heister (Sr.)	2004	31st		17:15	Greg Bader (So.)	2003	104th
43.	16:33	Kyle Dragan (Sr.)	2003	34 <sup>th</sup>	97.	17:16	Nick Weidner (Sr.)	1997	113th
44.	16:33.01	Travis Hawes (So.)	2008	64 <sup>th</sup>		17:16	Brian Roller (So.)	1992	114th
45.	16:34.23	Ethan Bokeno (So.)	2008	65th	99.	17:17	Mitchell Heusman (Jr.)	2005	89th
46.	16:37	Dave Padgett (Jr.)	1991	77th	100.	17:19	Chris Terbruggen (Jr.)	1991	134th
	16:37	Kyle Lang (So.)	2004	35th	101.	17:20	Jason Beck (Fr.)	1999	103rd
48.	16:41	Bill Keckeis (Sr.)	2003	45th		17:20	Pete Carusone (So.)	1996	105th
49.	16:42	Brian Roller (Jr.)	1993	62nd	103.	17:22	Brian Jostworth (Sr.)	1989	105th
	16:42	Greg Bader (Jr.)	2004	40th	104.	17:23	Andy St. George (Jr.)	2004	92nd
51.	16:43	Dave Gunn (Sr.)	1986	37th	105.	17:27.1	Matt Nie (Sr.)	2010	134th
52.	16:44	Steve Padgett (Fr.)	1996	53rd	106.	17:28	Adam Eiser (Sr.)	1996	115th

# STATE CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the State Championships (Scioto Downs 1985-2010)

107.	17:31	Noel Enneking (So.)	1989	116th					
	17:31	Robert Mohr (Sr.)	1991	147th	17:56	Joe Kramer (Jr.)	1997	147th	
109.	17:33	Nick Weidner (Jr.)	1996	120th	119.	18:02	Nick Bollin (So.)	1993	139th
110.	17:38.78	Kevin Kluesener (Jr.)	2009	117th		18:02	Mike Robbins (So.)	1997	150th
	I 17:40	Mike Hudepohl (Jr.)	1988	62nd	121.	18:03.94	Rob Rippenger (Sr.)	2009	132nd
111.	17:40	Doug Ludmann (Sr.)	1990	127th	122.	18:15	Paul Calardo (Fr.)	2000	144th
112.	17:42	Paul Calardo (Jr.)	2002	127th	123.	18:15.68	Kevin Kluesener (So.)	2008	136th
	17:42	Tyler Kolkmeyer (So.)	1997	141st	124.	18:15.96	Jacob McNamara (Fr.)	2009	139th
114.	17:44	Andrew St. George (Sr.)	2005	82nd	125.	18:19	Greg Stein (Sr.)	2004	143rd
115.	17:48	Scott Sievering (Sr.)	1993	133rd	126.	18:19.15	Ethan Bokeno (Jr.)	2009	141st
	17:48	Mike Robbins (Jr.)	1999	131 <sup>st</sup>	127.	18:30.88	Clayton Cardinal (Fr.)	2008	141 <sup>st</sup>
117.	17:56	Doug Vogeles (Sr.)	1989	137th	128.	18:43.46	Matt Nie (Jr.)	2009	149th

# STATE CROSS COUNTRY TIME RANKINGS

“A 5,000 Meter Time Ranking of La Salle’s Varsity Athletes at the State Championships (National Trails 2011-2015)

I	16:21.79	Drew Michel (Sr.)	2011	48th
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## SCIOTO DOWNS STATE CROSS COUNTRY TEAM RANKINGS

*“A Ranking of La Salle’s State Cross Country Teams Scoring the Scioto Downs Time Rankings”*

<u>Rank</u>	<u>Team</u>	<u>Point Total</u>
1.	2001	102
2.	2000	125
3.	2002	137
4.	2006	142
5.	2005	162
6.	1992	164
7.	2010	213
8.	1993	219
9.	1999	232
10.	1991	241
11.	1986	277
12.	2003	281
13.	2004	306
14.	1996	314
15.	1997	325
16.	1990	328
17.	2008	336
18.	1989	405
19.	2009	499

### **Greater Cincinnati Top 25 State Meet Time Ranking at Scioto Downs (1985-2010)**

1.	15:07	Allen Bader	La Salle	2001	1st
2.	15:08	Brian Godsey	Lakota East	1998	1st
3.	15:15	Zach Wills	Mason	2008	1st
4.	15:18	Doug Bockenstette	La Salle	1993	1st
	15:18	Doug Bockenstette	La Salle	1992	5th
6.	15:19.8	Zach Wills	Mason	2010	1st
7.	15:19	Steve Padgett	La Salle	1999	1st
8.	15:21	Allen Bader	La Salle	2000	1st
9.	15:22	Dan Thaler	St. Xavier	2007	2nd
10.	15:27	Ernie Ziegler	Harrison	1996	1st
	15:27	Steve Padgett	La Salle	1998	3rd
	15:27	Michael Perry	Winton Woods	2006	3rd
13.	15:30	John Sence	Milford	1987	2nd
14.	15:32	Zach Wills	Mason	2007	4th
15.	15:34	Luke Beuerlein	Moeller	2004	2nd
16.	15:37	Taylor Williams	Sycamore	2006	4th
17.	15:39	John Dixon	Fairfield	2001	7th
18.	15:40	John Dixon	Fairfield	2002	4th
19.	15:41	Ryan Mullin	Elder	1992	6th
20.	15:42	Dean Fulmer	La Salle	1993	5 <sup>th</sup>
	15:42	Andy Wietmarschen	St. Xavier	2000	7th
22.	15:43	Tommy Morgan	Kings	2005	3rd
23.	15:44	Dean Fulmer	La Salle	1994	2nd
	15:44	Brandon McGuire	Fairfield	1991	7 <sup>th</sup>
25.	15:45.11	Zach Wills	Mason	2009	1 <sup>st</sup>

### **Greater Cincinnati U16 State Meet Time Rankings at National Trails Raceway (2011-2015)**

1.	15:15.4	Dustin Horter	Lakota East	2015	3rd
2.	15:28.70	Michael Hall	St. Xavier	2013	4th
3.	15:29.82	Evan Stifel	St. Xavier	2013	5th
4.	15:34.53	Michael Vitucci	St. Xavier	2014	1st
5.	15:54.9	Justin Koehler	Mason	2015	27th
6.	15:38.76	Jake Grabowski	St. Xavier	2012	9 <sup>th</sup>
7.	15:41.12	Nick Vogele	Anderson	2011	7th
8.	15:41.12	Tom Clark	Mason	2012	19 <sup>th</sup>
9.	15:42.20	Michael Vitucci	St. Xavier	2013	8 <sup>th</sup>
10.	15:49.02	Tom Clark	Mason	2013	13th
11.	15:49.12	Nick Grismer	Mason	2014	8th
12.	15:50.03	Michael Momper	St. Xavier	2012	22 <sup>nd</sup>
13.	15:50.15	Brad Eagan	St. Xavier	2014	10 <sup>th</sup>
14.	15:52.42	Dustin Horter	Lakota East	2014	14th
15.	15:52.55	Michael Hall	St. Xavier	2012	24 <sup>th</sup>
16.	15:54.68	Alex Kuvin	St. Xavier	2012	30 <sup>th</sup>
17.	15:56.2	Jacob Bauer	Mason	2015	31st
18.	15:56.59	Evan Stifel	St. Xavier	2012	32 <sup>nd</sup>
19.	15:57.04	Antony Parnigoni	Turpin	2011	22 <sup>nd</sup>
20.	15:59.16	Nick McAfee	Georgetown	2012	10 <sup>th</sup>
21.	15:59.54	Blake Meyer	Oak Hills	2012	36 <sup>th</sup>



### **Greater Cincinnati Regional Top 25 Rankings (Troy 1985-2015)**

“A Top 25 ranking of all Cincinnati area runners at the Regional Meet at Troy”

1.	15:15.8	Zach Wills	Mason	2010	1st
2.	15:20	John Sence	Milford	1987	1st
3.	15:21	Brian Godsey	Lakota East	1998	1st
4.	15:23.5	Dustin Horter	Lakota East	2015	1st
5.	15:24	Ernie Ziegler	Harrison	1996	1st
6.	15:26	Allen Bader	La Salle	2000	1st
7.	15:29.13	Michael Hall	St. Xavier	2013	1 <sup>st</sup>
8.	15:29.27	Evan Stifel	St. Xavier	2013	2nd
9.	15:29	Steve Padgett	La Salle	1999	1st
10.	15:33	Allen Bader	La Salle	2001	1st
11.	15:35.53	Michael Vitucci	St. Xavier	2014	1st
12.	15:35.55	Nick Grismer	Mason	2013	3rd
13.	15:36	Steve Padgett	La Salle	1998	3rd
	15:36	Doug Bockenstette	La Salle	1992	1st
15.	15:37	John Sence	Milford	1985	1 <sup>st</sup>
16.	15:38	Ryan Mullen	Elder	1992	2nd
17.	15:39.17	Michael Hall	St. Xavier	2012	2nd
18.	15:41.54	Zach Wills	Mason	2009	1st
19.	15:41	Mason Ward	Colerain	1998	4th
20.	15:42.61	Nick Grismer	Mason	2014	2nd
21.	15:43	Dan Fulmer	La Salle	1985	2nd
22.	15:44.36	Brad Eagan	St. Xavier	2014	3rd
23.	15:44	Dave Padgett	La Salle	1992	3rd
24.	15:45	Zach Wills	Mason	2007	2nd
	15:45	Dean Fulmer	La Salle	1994	1st

## Post Season Honors

### Footlocker Cross Country National Finals

Doug Bockenstette	1993	7 <sup>th</sup>	15:17.0
Dean Fulmer	1994	6 <sup>th</sup>	15:10.4
Steve Padgett	1999	9 <sup>th</sup>	15:09.4
Allen Bader	2001	15 <sup>th</sup>	15:17.1

### Final National Team Rankings

1986	19 <sup>th</sup>
1992	21 <sup>st</sup>
1993	16 <sup>th</sup>
2000	18 <sup>th</sup>
2001	6 <sup>th</sup>
2002	21 <sup>st</sup>
2005	16 <sup>th</sup>
2006	17 <sup>th</sup>

### Nike Team Nationals

49.	Ricky Lupp	17:41.9	2006
51.	Jake Nusekabel	17:42.4	2006
52.	Corey Spriggs	17:42.6	2006
73.	Kyle Lang	18:02.1	2006
101.	Mike Inderhees	18:24.6	2006
103.	Mitch Huesmann	18:26.4	2006
111.	Sean Comer	18:35.9	2006

### NTN Midwest Regionals

17.	Travis Hawes	15:50.9	2007
138.	Lee Southwood	17:28.2	2007
145.	Kevin Johns	17:34.9	2007
169.	Ian Placke	18:02.5	2007
173.	Rob Bittner	18:11.3	2007
176.	Sean Comer	18:21.6	2007
187.	Dan Crowell	20:26.8	2007

### Division I College Cross Country Participants

1980	Eric Huey	Bradley	2003	Jason Beck	Air Force
1987	Dan Fulmer	Bowling Green	2004	Kyle Dragan	Cincinnati
1993	Dave Padgett	Miami	2004	Bill Keckeis	Cincinnati
1994	Doug Bockenstette	Tennessee	2005	Dan Heister	Cincinnati
1994	Scott Sievering	Cincinnati	2007	Ricky Lupp	Cincinnati
1995	Dean Fulmer	Alabama	2007	Kyle Lang	Cincinnati
1999	Derrick Butler	Ohio State	2007	Mitchell Huesman	Miami
2000	Steve Padgett	Michigan State	2011	Alex Thierry	Miami
2001	Pat Rischmann	Xavier	2011	Ethan Bokeno	Cincinnati
2002	Allen Bader	N. C. State	2011	Travis Hawes	Cincinnati
2003	Eric Mayhaus	Cincinnati	2011	Kevin Kluesener	Dayton

## Greatest Moment Part One

The Greatest Moment in La Salle Cross Country History occurred on 9/08/2001 when we traveled to San Francisco, California, for the Great Race by The Bay. Winning that meet results in La Salle's one and only #1 National Ranking on September 17, 2001.

BOYS	GIRLS
The Harrier's Nike / Foot Locker <b>Super 25 National Rankings</b> September 17, 2001	
1.La Salle Cincinnati, OH 2.Mead Spokane, WA 3.Brookwood Snellville, GA 4.No. Mecklenburg NC 5.Mountain View Orem, UT 6.Novi Novi, MI 7.Kingwood Kingwood, TX 8.Wayzata Plymouth, MN 9.The Woodlands Houston, TX 10.Long Beach Poly CA	1.Saratoga Springs NY 2.Carmel Carmel, IN 3.Bingham So. Jordan, UT 4.Mountain View Orem, UT 5.Rockford Rockford, MI 6.Iowa City West Iowa City, IA 7.Dickinson Dickinson, ND 8.Murrieta Valley CA 9.Jefferson Forest Forest, VA 10.Dana Hills Dana Point, CA

### Top Ten Team Scores from the meet

#### San Francisco, CA that got us the #1 ranking

1. La Salle, Cincinnati-OH, 129
2. Mountain View, Orem-UT, 158
3. Madera, Madera-CA, 185
4. Mt. Spokane, Mead-WA, 190
5. Midlothian, VA, 232
6. Bend, OR, 236
7. Eisenhower, Yakima-WA, 293
8. Clovis West, Clovis-Ca, 293
9. Snohomish, WA, , 304
10. Oak Park , CA, 325

### Times and Places on our Runners from that historic meet (9/8/2001)

2. Allen Bader	15:35.6	1
25. Garrett Grogan	16:31.1	23
28. Jason Beck	16:31.7	26
33. Eric Mayhaus	16:37.9	31
50. Kyle Dragan	16:52.2	48

## Greatest Moment Part Two

The second greatest moment in La Salle Cross Country history occurred on 9/22/2001 when we traveled to Charlotte, North Carolina for the most stacked meet ever at The Great American Cross Country Festival's Race of Champions which contained seven of the nation's top ten teams. By coming in second, the Lancers achieved the #2 ranking in the USA based on head-to-head competition which rarely occurs in any high school sport. Here is our #2 USA National Ranking on October 8, 2001.

BOYS	GIRLS
The Harrier's Nike / Foot Locker <b>Super 25 National Rankings</b> October 8, 2001	
1.Kingwood Houston, TX 2.LaSalle Cincinnati, OH 3.No. Mecklenburg, NC 4.McFarland, CA 5.Farragut Knoxville, TN 6.Canyon Country, CA 7.Milford, MI 8.Davidson Hilliard, OH 9.Poly Long Beach, CA 10.Jesuit Carmichael, CA	1.Saratoga Springs, NY 2.Carmel, IN 3.Mountain View Orem, UT 4.Rockford, MI 5.Bingham S. Jordan, UT 6.Iowa City West, IA 7.Dickinson, ND 8.Jefferson Forest, VA 9.Dana Hills Dana Point, CA 10.York Elmhurst, IL

**Top ten team scores from the Best field ever #2 ranking**

1. Kingwood TX 19, 25, 38, 49, 114 = 245
2. La Salle OH 3, 50, 56, 62, 83 = 254
3. North Meck NC 11, 21, 58, 73, 173 = 336
4. Farragut TN 15, 17, 63, 92, 150 = 337
5. Canyon CA 9, 12, 27, 126, 170 = 344
6. Poly LB CA 14, 22, 88, 90, 148 = 362
7. Brookwood GA 40, 60, 66, 107, 140 = 413
8. Mtn View UT 32, 41, 85, 125, 138 = 421

9. Woodlands TX 52, 53, 75, 76, 174 = 430
10. Davis UT 31, 69, 91, 99, 145 = 435

**Times/places - Great American CC Festival-Charlotte, NC 9-22-2001**

6. Allen Bader, 15:23.7, 1
49. Eric Mayhaus, 16:24.6, 37
54. Garrett Grogan, 16:26.5, 42
59. Jason Beck, 16:29.3, 46
70. Kyle Dragan 16:38.0, 57

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS**

### **COACH OF THE YEAR AWARD**

1992	Frank Russo
1993	Frank Russo
1986	Frank Russo
2001	Frank Russo
2002	Frank Russo
2005	Frank Russo
2006	Frank Russo

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS**

### **ATHLETE OF THE YEAR AWARD**

1979	Eric Huey
1986	Dan Fulmer
1992	Doug Bockenstette
1993	Doug Bockenstette
1994	Dean Fulmer
1999	Steve Padgett
2000	Allen Bader
2001	Allen Bader

## **GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARD**

### **FIRST TEAM ALL CITY SELECTION**

1970	Russ Martin	2004	Dan Heister
1970	Mike Martin	2004	Kyle Lang
1975	Jay Huey	2005	Kyle Lang
1985	Dan Fulmer	2005	Jake Nusekable
1986	Dave Gunn	2005	Greg Bader
1989	Mike Hudepohl	2005	Corey Spriggs
1991	Doug Bockenstette	2006	Jake Nusekabel
1992	Dave Padgett	2006	Kyle Lang
1992	Dean Fulmer	2006	Ricky Lupp
1993	Dean Fulmer	2006	Corey Spriggs
1996	Jay Hummel	2006	Michael Inderhees
1997	Derrick Butler	2007	Travis Hawes
1997	Steve Padgett	2010	Travis Hawes
1998	Steve Padgett	2010	Alex Thiery
1998	Derrick Butler	2011	Drew Michel
2000	Pat Rischmann		
2001	Garrett Grogan		
2001	Jason Beck		
2001	Eric Mayhaus		
2002	Jason Beck		
2002	Eric Mayhaus		
2003	Paul Calardo		

## GREATER CINCINNATI ALL CITY CROSS COUNTRY AWARDS

### SECOND TEAM ALL CITY SELECTION

1992	Scott Sievering
2003	Kyle Dragan
2003	Bill Keckeis
2003	Andy Bittner

### HONORABLE MENTION ALL CITY

1992	James Flynn	2009	Travis Hawes
1992	Chris Terbrueggen	2009	Alex Thierry
1999	Pat Rischmann	2009	Kevin Kluesener
2001	Kyle Dragan	2009	Rob Rippenger
2002	Dan Heister	2009	Jacob McNamara
2002	Bill Keckeis	2009	Ethan Bokeno
2002	Kyle Dragan	2009	Matt Nie
2004	Greg Bader	2010	Drew Michel
2004	Tim Bittner	2010	Matt Schroeck
2004	Cory Spriggs	2010	Marc Nie
2005	Ricky Lupp	2010	Matt Nie
2005	Mitchell Heusmann	2010	Kevin Kluesener
2005	Andrew St. George	2010	Ethan Bokeno
2006	Mitchell Huesman	2012	Jake Mcnamara
2006	Sean Comer	2013	Michael Campbell
2007	Sean Comer	2014	Michael Campbell
2008	Ethan Bokeno	2015	Brad Anneken
2008	Travis Hawes	2015	Nick Wuestefeld
2008	Kevin Kluesener		
2008	Lee Southwood		

## 2015 Cross Country Team Record

<u>Date</u>	<u>Meet</u>	<u>Place</u>	<u>Points</u>	<u>Teams</u>	<u>Record</u>	<u>Cumulative Record</u>
8/29	Finishtiming.com Inv.	1 <sup>ST</sup>	58	28	27-0	27-0
9/5	Greenville	1st	25	9	8-0	35-0
9/6	Troy Invitational	1 <sup>st</sup>	28	12	11-0	46-0
9/18	MSU Spartan Inv. Green	1st	117	38	37-0	83-0
9/26	Midwest Catholic	1st	42	7	6-0	89-0
10/3	Fairmont Firebird Inv.	2nd	62	17	15-1	104-1
10/10	Anna Rocket Invitational	1st	39	21	20-0	124-1
10/17	GCLS Championships	2nd	31	4	2-1	126-2
10/24	District Championships	2nd	54	14	12-1	138-3
10/31	Regional Championships	6 <sup>th</sup>	190	16	10-5	148-8